Age Friendly Louisville Social Inclusion Workgroup Meeting Agenda
Tuesday, November 10th, 2026 | 2:00 - 3:30 PM
Location: 701 W Ormsby Ave, First Floor Conference Room, Louisville 40203
Attendees: Diane Clark Curtis, Justin Magnuson, Teran Herthel, Alyssa Gillenwater, Raenell McChristion, Pam Yankeelov, Joe Dahlenburg, Sophia Banks.

Facilitators: Diane Clark Curtis, Julie Hartmann*, Justin Magnuson *not present Notetaker: Sophia Banks

Discussion

Quick recap

Meeting focus: Library OAM initiative, Age-Friendly Comedy/Storytelling event, updates on the First Responder Quick Tips initiative, and review other subcommittee progress (Goals 1, 2 & 3).

The group then discussed the format for the December 8th meeting, agreeing to make it a social gathering with games and treats. A significant portion of the meeting focused on the library initiative, where the group discussed adding an "older adults" filter to the event calendar and reviewed research showing that many other library systems use similar age-based categories. They also discussed the Memory Cafe program, sharing positive feedback and examples of activities like ghost stories and games. Other updates included a report on the Alzheimer's walk, which raised $8,600 despite some logistical challenges at Churchill Downs, and a mention of a weatherization Blitz with Project WARM. The group also touched upon the Age-Friendly Outdoor Enhancement Fall Cleanup and a potential storytelling event for older adults. The conversation ended with personal updates and a brief discussion about technology training for seniors.

Introductions & General Topics

Justin began the meeting with a lighthearted icebreaker where participants shared their favorite Thanksgiving side dishes. Raenell was welcomed to the group, attending the workgroup meeting for the first time. The group discussed plans for their December 8th meeting, deciding to make it a social event rather than following the usual format. They agreed to consider games and activities, with a suggestion to bring holiday treats like cookies or desserts. The meeting will serve as an end-of-year review and opportunity for the group to unwind before the busy holiday season.

Alzheimer's Fundraising Event Comparison

This year's Alzheimer's fundraising event at Churchill Downs was compared with last year's event at Lynn Family Stadium. This year's event raised $8,600 for the smaller group and was well-attended by several residents of older adults communities despite logistical challenges,

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particularly the difficult walk from the parking lot to the infield venue. Teran provided feedback to Natalie, the Executive Director of Kentucky and Indiana, noting that while Churchill Downs was a good location for nice weather, the lack of shelter and steep terrain presented challenges, especially for older attendees who used walkers or rollators.

Turkey Giveaway Event Announcement

Diane announced an upcoming annual turkey giveaway event on November 21st at the Goodwill on Broadway, organized by the D'Angelo Foundation, which efficiently distributed large turkeys and canned foods to those in need. Age also shared information about a Walmart family feast deal for $35 and provided an update on Sandra, who is currently in the hospital receiving treatment for a hand infection following surgery, though she is participating in work group meetings via text and email.

Workgroup members gave updates on general current initiatives:

- **KY Senior Games:** Organizer to present at January or February meeting, will confirm in early January.
- **The Blitz** - Justin and Ruba participated as volunteers group to weatherize homes of older adults in the community.
- **Living MY Best Life** AARP conference - Vendor table will also have AFL flyers
- Upcoming featured events:
    - **Pet Care Giving Day -** November 13 at 2 PM at ECH
    - **AFL Outdoor Enhancements Fall Cleanup**, November 16, 2pm in partnership with Cane Run Neighborhood Place
    - **Mini Blitz 2027** (Flyer) - January 18: Volunteers needed. Find out more here: https://form.jotform.com/252184217840152

Focus: Assess progress and identify next steps - Access action plan on website: agefriendlylou.com/social-inclusion

Goal 1: Education

- **Older Americans Month & Libraries:**

  Alyssa and Sophia shared updates to the library initiative, particularly regarding programming for older adults, after meeting in a smaller group with Sandra several times. The topic discussed was adding an "older adults" filter to the event calendar, with plans to target programs like memory cafe during regular office hours and potentially expand to 50+ for evening events. They also reviewed plans for Older Americans Month programming, including potential collaboration with children's services and creating more visually appealing promotional materials for the May newsletter. The discussion included updates on the memory cafe program, which has been well-received with attendees forming bonds, and plans for a Thanksgiving feast. The group also discussed creating resource

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kits for libraries, including a resource finder connecting to local and state services, similar to birding backpacks already implemented in some libraries.

- **Senior Services Update Meeting**

  The group discussed technology safety for seniors, including smartphone usage and scams, and confirmed that libraries offer one-on-one appointment services where librarians can assist with specific needs. They discussed changes in leadership at ElderServe, though the adult day center for dementia patients continues to operate with good attendance.

  First Responder Quick Tips:

  Materials are being updated: Dr Cotton and Corutney will be meeting early in the next year to continue updating the materials. Kyra will reach out to the LMPD training division once materials are updated regarding first responders participation in a study to create materials geared to their needs.

Goal 2: Engagement

- **Age-Friendly Comedy Event:** Planning updates (core event naming, venue, structure, target age group)

  Updated plans for this event targeting older adults (55+) to share humorous stories, with a work group developing the theme and logistics for a spring launch were shared. The event originally planned for the fall and was postponed to March 2027 due to scheduling conflicts, with Justin apologizing to the workgroup. The group also discussed collaboration with Highland Community Ministries, including plans to reach out to their 16 churches in early 2027 and connect them with UofL speakers and programming resources. Regarding the storytelling event, the team noted that Nazareth Temple would be a potential venue but decided to postpone outreach due to the location being in transition.

Goal 3: Village Movement

- Highland Community Ministries Updates (Justin): Plans for Sondra and Justin to attend an upcoming software info meeting.

Next steps

Discussion

- Send out the meeting minutes with the photos from the weatherization blitz.
- Follow up with the coordinator from the Kentucky Senior Games in December to confirm a meeting date in January or February.
- Send an email to Kate to get Sophia and Sandra into a children's meeting in February to plan programs for the March newsletter deadline.
- Follow up with Sondra about the village project and check in with her and Troy regarding the annual conference.
- Circle back to Mary about Nazareth Temple as a potential venue for the storytelling event.
- Share more details/flyer for the annual turkey giveaway on November 21st.
- Follow up with the person from the Miami-Dade Age-Friendly Library regarding the library toolkit.

Next Meeting: December 8th, 2026, 2 PM ——— **Meetings are always the 2nd Tuesday of every month**

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Item 4: Sharing of Current Events & Resources

Opportunity for members highlight relevant programs, events & tools that may benefit the group's work. Share with agefriendlylouisville@gmail.com

- **Holiday Lunch and Learn:** Special presentation from Baptist Health in recognition of National Diabetes Month | November 12, 2026 at 11:30 AM at 7501 Dudley Square Dr.
- **Age-Friendly Louisville Outdoor Enhancement Fall Cleanup** | **November 16, 2 pm** on campus of Cane Run Neighborhood Place 3410 Lees Ln, Louisville, 40216 in. Sign up at https://bit.ly/AFLFallClean2026
- **MLK Day of Service Mini Volunteer Blitz** | **January 18, 2027 -** Volunteer teams needed to assist 25–30 older adults and disabled citizens in our community, honoring Dr. King's legacy of service through direct action. More into here: https://projectwarm.org/blitz/ or register at https://form.jotform.com/252184217840152
- **Memory Café:** 3rd Monday of each month at 1:00 PM Northeast Regional Library; Maker Space, 15 Bellevoir Circle. **Next cafe on Nov 16**; Supportive space for those with memory loss and care partners. More info HERE.
- **Crochet for Beginners:** Mondays, 1-3pm at the UofL Trager Institute, 204 E Market St A, Louisville, KY 40202 - $5 per class

- **Prepare to Care Workshop Series:** AARP Kentucky and KY Elder Law is offering a free, three-part caregiver series hosted at the Oldham County Public Library (Goshen Branch) covering caregiving steps, elder law, and advance care planning; last session November 12. Register online HERE.
- **Louisville Metro Parks & Recreation:** Programs including Silver Sneakers, pickleball, chair volleyball, and more at Wilderness Road Senior Center. More info HERE.
- **Project ECHO (Care of Older Adults):** Brief virtual trainings and case discussions. Next session, *"Stress Management,"* is **November 20 @ 12:00 PM**. More info: https://loom.ly/gjgBLs4
- **Caregiver Support Group:** Meets every **3rd Friday @ 2:00 PM ET** (with Alzheimer's Association & Episcopal Church Home). Call 1-800-272-3900 or register online at alz.org/crf.
- **TRIAD Meeting: 2nd Tuesday** (Networking 11:00 AM | Lunch 11:30 AM | Meeting 12:00–1:00 PM) at Our Mother of Sorrows Cafeteria (770 Eastern Parkway). RSVP required—contact Alli at allison.woosley@louisvilleky.gov.
- **Twilight Wish Foundation:** Grants wishes for seniors. Visit the KY Chapter at twilightwish.org/chapter-locations/louisville-kentucky/ or contact Julie Hartmann at hartmannj055@gmail.com.
- **Free Dementia Guide:** Practical info on brain health, safety, and caregiving from Episcopal Retirement Services. Access the guide at episcopalretirement.com or email Teran Herthel at therthel@erslife.org.
- **PEARLS Program:** Free counseling (teletherapy available) for adults 60+ managing depression or isolation. Call 502-588-3471 or visit tragerinstitute.org/PEARLS.
- **My Health Matters (MHM):** Virtual community health education every **Monday @ 6:30 PM**. Info: https://centers.louisville.edu/aging/optimal-aging-clinic/wellness-and-lifestyle/my-health-matters