

Age Friendly Louisville Social Inclusion Workgroup Meeting Agenda

November 11th, 2025 | 2:00 - 3:30 PM | 701 W Ormsby Ave, First Floor Conference Room, Louisville, 40203

Attendance: Diane Clark Curtis, Sandra McGuire, Rita Morrow, Caison Black, Debbie Tuggle, Teran Herthel, Roger Quinn, Whitney Boswell, Sophia Banks.

Facilitator: Diane Clark Curtis

Item	Discussion
Introductions & Housekeeping	After introductions and some housekeeping, the holiday schedule and with low attendance in the winter months, attendance is historically low in December. A poll will be sent to all workgroup members to determine whether to hold the December 9 meeting.
Item 1: General Workgroup Updates & Opportunities	Bellarmino's Veritas Program: The Zoom series <i>"Is There a Social Isolation & Loneliness Epidemic?"</i> began on October 7. A guest speaker Bill Tiell confirmed as a speaker on January 13th. <u>Main Street "Bridging Louisville" Community Mural Project</u> - The group discussed a community mural project with a \$60,000 budget and explored the possibility of involving multiple artists doing smaller pieces. Members will gather more details on eligibility and requirements. Generations United webinars: K–12 Schools as Hubs for Intergenerational Connection Webinar on 11/6/25 was attended by some of the workgroup members. A recording can be found here: gu.org/resources/webinar-pathways-to-success-k-12-education-support-for-kinship-and-grandfamilies/ Turkey Giveaway: November 22, 12–3 p.m. at Mount Lebanon through Diane's youth group at LCCC. Volunteers needed. Food Baskets: 10–15 baskets available for seniors; names will be collected and coordinated. Community members in need can be shared with the coordinator to pass along to Diane. The group also discussed rising senior homelessness and is gathering referrals and resource contacts. Optimal Aging Scholar Program: Free program for students & professionals to advance the health and well-being of older adults focused on age-friendly care and innovation in aging. The group reviewed the Optimal Aging Scholar program, which includes 10 online learning modules and opportunities for virtual ECHO sessions and Impact 4 activities. They also noted the upcoming Optimal Aging Conference in April. Find out more here: centers.louisville.edu/aging/workforce-development/optimal-aging-scholar-program Arthur S. Kling Community Center Revitalization Roger Clayton (president of the Old Louisville CC) updated the group on efforts to transform the Arthur S. Kling Old Louisville Community Center into an intergenerational hub. Meeting for Current services include senior meals, Medicare/Medicaid navigation, and a food-focused farmers market. Food pantry, social activities (Bingo, Pool tournaments, corn hole, yoga, card tournaments, etc.) as well as a social worker on staff to provide

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	services to seniors. Meeting spaces (or commercial kitchen) are free for neighborhood and community improvement organizations or can be reserved for other organisations very reasonably. A possible February tour was discussed, as well as the possibility to consider the location as a meeting spot for one of the workgroups. Needs: • Housing contacts for increasing senior homelessness • Retired teachers/seniors to support a new after-school tutoring program • Future plans: Becoming an election center and emergency response site.
Item 2: Subcommittee Updates	<u>Goal 1 & 2: Intergenerational Initiatives & Connections - Engagement & Education</u> • Intergenerational Library Project: Libraries interested in OAM & Krout & Elmer Children’s Book Award list, visit to workgroup is planned in December (Sandra) ○ A children’s book reader’s guide called <i>“And So We Grow...Sowing Seeds to End Ageism Reader’s Guide”</i>, created by Marsha Weiner (Age-Friendly MN) was highlighted as a valuable intergenerational tool and can be found on the Duluth Aging Support. The group is seeking permission to post it on the Age-Friendly Louisville site. Download to the guide. • Intergenerational Initiative: Exploring ways for deeper connections, longlasting between schools with surrounding older adult communities. ○ H.U.G. Reading Initiative: Scholar House & Catholic School/Superintendent outreach Update: Ongoing efforts continue to connect the HUG reading program with the UofL Scholar House; follow-up is needed due to stalled communication. Sandra mentioned the the HUG director has had issues with ger ena ○ Brownsboro Park Service Learning project (K-12 and a senior community connection): Brownsboro Park residents exchanged letters with Norton Commons Elementary kindergarteners about childhood games; residents shared favorites from the 40s/50s, and students shared what they play in 2025. The kindergarteners then spent a day trying the older games and making paper dolls, with photos posted on the school’s Facebook page. In January, fifth graders studying senior loneliness will visit Brownsboro Park for a Board Game Day, rotating through five stations to play games with different residents. • Presenting at Optimal Aging Conference 2026: Topics are not aligned with goals and therefore a presentation aligned with promoting intergenerational connections will not be pursued <u>Goal 3: Village Movement</u> • Village Movement Outreach: Presentation to the Jefferson County League of Cities was October 16th to promote, inform, and educate about the Village Movement. Great feedback and conversation with the mayors. Future connections are planned. • New stakeholders identified (Whitney) • Justin to present at Lexington Village on advanced care planning in December

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	Committee meeting to refocus is scheduled for December 10th, 3 PM → Microsoft Teams Community for SI domain is available for workgroup members to collaborate and communicate. Join link: https://teams.live.com/j/community/FAAyugyX6YdP9m4RAM

Next Meeting: December 9th, 2025, 2 PM

Meetings are always the 2nd Tuesday of every month.

Location: 701 W Ormsby Ave, First Floor Conference Room, Louisville, 40203

Item 3: Sharing of Current Events & Resources

Opportunity for members to highlight relevant programs, events, and tools that could benefit the group's work. Send any event and resources to agefriendlylouisville@gmail.com to share in the newsletter and with workgroup members.

- The Kentucky Department for Aging and Independent Living will host its **1st Annual Caregiver Conference: Coffee and Conversations with Caregivers** virtually on **Wednesday, November 19, 2025, from 9:00 a.m. to 1:00 p.m.** (EST); a relaxed, discussion-based event designed to connect and support caregivers across the community. See flyer.
- The **Alzheimer's Association & Episcopal Church Home** invite you to a free **four-part dementia education series** at Dudley Square Clubhouse; practical tools and compassionate guidance to better understand dementia, improve communication, and navigate care options. Last session is on **December 4th**. Register by calling 1.800.272.3900.
- Join **Project ECHO**: Care of Older Adults and the Kentucky Coalition for Healthy Communities (KCHC) and the Trager Institute offers healthcare providers and community members brief trainings, case discussions, and resources on age-friendly care, lifestyle medicine, and best practices for supporting older adults. Next virtual workshop *Cognitive Decline and Dysphagia* on **November 21st at 12 p.m.** Register: <https://loom.ly/gjgBLS4>
- **The Louisville Metro Office of Aging and Disabled Citizens** updates its **Senior Resource Guide** twice a year, offering a comprehensive list of helpful services and supports for Kentuckians. View the July 2025 Updated senior guide on OADC website at louisvilleky.gov/government/office-social-services/office-aging-disabled-citizens
- **TRIAD Meeting - Communities Educating Older Adults About Crime**
Second Tuesday, Networking 11:00 am, Lunch 11:30 am, Meeting 12:00-1:00 pm, LOCATION: Our Mother of Sorrows Cafeteria, 770 Eastern Parkway
- A Loneliness study by UofL's Envirome Institute and Simmons College is surveying adults 50+ this summer on neighborhood factors and loneliness; More info at UofL.me/ubn2
- **The Program to Encourage Active, Rewarding Lives (PEARLS)**, free counseling program from UofL Trager Institute for adults 60+. It supports mental well-being by addressing depression, life challenges, and social isolation. Teletherapy available. Call 502-588-3471 or visit tragerinstitute.org/PEARLS
- **MHM - My Health Matters**: Community Health Education and Support → Every **Monday at 6:30 pm**, virtual