



Facilitators: Diane Clark Curtis, Julie Hartmann*, Justin Magnuson

*not present

Note Taking Form

Introductions & Meeting Focus

Diane opened the meeting with introductions and outlined its core focus: reviewing and advancing action plan initiatives. Key priorities included updating the First Responder Quick Tips materials, strengthening outreach to emergency services, and exploring practical older adult training approaches. The committee also planned several upcoming initiatives, including an older adult comedy show, the GSA Children's Book Award for Best Portrayal of Aging, library caregiver resources, and intergenerational programming. Additional updates highlighted potential virtual Dementia Friends Training, key takeaways from Seniors Got Talent, ongoing progress with the Village to Village model, and upcoming community health fairs and educational events.

Overview of the action plan - Access action plan on website: agefriendlylou.com/social-inclusion

Goal 1: Education

- First Responder Quick Tips strategies
- Older Americans Month & Libraries: Brainstorm ideas to expand next year's initiative and community impact.

Goal 2: Engagement

- Age-Friendly Comedy

Goal 3: Village Movement

- Highland Community Ministries Updates

General housekeeping, Workgroup Updates & New Opportunities

September Meeting Logistics

The September 8 meeting may conflict with another event. An all-virtual meeting was discussed as an option, particularly if the Dementia Friends presenter participates virtually. The group planned to follow up and determine the best format.

First Responder Quick Tips Resource - [First Responder Quick Tips](#)

The group revisited the existing First Responder Quick Tips materials, originally developed to help first responders better understand and respond to situations involving older adults, including dementia, cognitive changes, behavior, and compassion fatigue. The initiative had become dormant around COVID, but there is now renewed interest. The Fire Department has expressed interest in potentially incorporating the topic into new recruit

training, and outreach to law enforcement has begun. A community engagement officer indicated interest and planned to connect the group with a supervisor and training academy instructor. The group also noted that the existing materials and QR codes need to be updated.

New opportunities: Participants discussed tailoring training to different responder roles, starting with a small pilot, involving first responders in developing the training, using retired professionals and social workers as resources, and eventually connecting with organizations such as TRIAD, Metro Council, community partners, and the Bishop's Table.

Follow-up actions decided:

- Follow up with law enforcement contacts and learn what training is already provided and where Age-Friendly content could fit (Kyra and others).
- Update the existing Quick Tips materials and outdated QR codes.
- Engage a small group of first-responder professionals to provide feedback and help shape the training.
- Start small; potentially with new recruits or one responder group/location and use that experience to determine how to expand.
- Follow up on the opportunity to introduce the initiative at the Bishop's Table as the project develops.

Age-Friendly Stand-Up Comedy Planning Committee

Justin gave an update on the Age-Friendly Comedy initiative. The group is developing an older-adult comedy show that would give older adults a platform to share humor, experiences, and perspectives. 10 -12 people were committed to the planning committee at the time of the meeting. AARP is expected to support the effort with volunteers and promotion, and two local comedians have expressed interest in helping. The group also discussed learning from Seniors Got Talent and other comedy events, particularly around transportation, parking, timing, and accessibility.

New opportunities: Local comedians could potentially assist with prompts or coaching, and lessons from other senior-focused events could help ensure the show is genuinely age-friendly.

Follow-up actions decided:

- Hold the first planning meeting on September 18.
- Prepare and distribute an agenda based on notes already collected.
- Invite additional interested members to participate.
- Determine how local comedians and other professionals can support the project.
- Incorporate transportation, parking, timing, and accessibility into event planning.

Dementia Friends Training Sessions

What was discussed: Dementia Friends Training was offered in June, while the planned July session was canceled. April Carreon from the Office of Dementia Services asked to give a brief virtual presentation to the work group in September because an in-person Louisville visit was not possible. The group also discussed a scheduling conflict around the September 8 meeting and whether the entire meeting might need to be virtual.

New opportunity: A short virtual presentation would allow members to learn more about Dementia Friends Training despite the scheduling and travel limitations.

Follow-up actions decided:

Follow up after the meeting to determine the best format for the September meeting.

- Consider an all-virtual meeting if scheduling conflicts make in-person participation difficult.
- Coordinate April Carreon's virtual presentation once the meeting format is confirmed.

The discussion did not specifically confirm the Meeting Owl/OSS requirement, so that detail should remain a logistical item to verify rather than a decided action.

2026 Krout and Elmore Children's Book Award – Best Portrayal of Aging & Library Initiatives

Sandra updated the group on the 2026 [Krout and Elmore Children's Book Award](#): Winners have been selected, although the results had not yet been posted on the GSA website at the time of the meeting. The award recognizes children's books portraying aging, with selected books often featuring meaningful and intergenerational themes. Local library branches had highlighted books from the award list during Older Americans Week, and the group would like to continue and expand that involvement.

New opportunities: The group identified an opportunity to involve more library branches in promoting award-winning and nominated books. Members also discussed a new director in connection with HUG and noted that outreach had begun, but further communication was still pending.

Alyssa, who coordinates several intergenerational programs and initiatives at Northeast Regional Library, visited the workgroup for the first time and highlighted programs happening at her branch and hopes to attend the workgroup meeting regularly.

Follow-up actions decided:

Continue encouraging library branches to highlight books associated with the award.

- Explore expanding participation beyond the branches already involved.
- Continue outreach to the new director/contact.

- Keep future nominations in mind; the meeting noted that nominations typically open in January and continue through the end of March.

Seniors Got Talent

Joe provided an update on [Seniors Got Talent](#) audition describing the program, participants, and its fundraising connection to the Morning Pointe Foundation. The regional fundraising goal was \$28,000, and the effort had reached \$32,300 by the meeting. Around 10 contestants were expected, representing a mix of music, comedy, dance, and other performances. The discussion also highlighted lessons about transportation and event logistics that could inform the Age-Friendly comedy project.

New opportunities: A previous Seniors Got Talent winner was identified as one of the professionals who may assist with the Age-Friendly comedy show, and another comedian participating in Seniors Got Talent was identified as a possible contact.

Follow-up actions decided:

- Joe planned to connect with a Seniors Got Talent participant/professional who could potentially support the Age-Friendly comedy project.
- Use lessons from Seniors Got Talent—especially transportation, timing, and accessibility—to inform planning for the comedy show.

The meeting confirmed the Seniors Got Talent event would be held in Lexington at the Lexington Opera House, but the transcript does not substantively confirm the stated September 1 at 6:30 PM audition detail, so I would not include that as a confirmed meeting action.

Next steps

- Confirm with April from the Office of Dementia Services about presenting virtually at the September 8th meeting.
- Follow up after today's meeting to determine the best way to conduct the September 8th meeting (in-person or virtual) considering the Gold Standard event.
- Reach out to Officer Roche's supervisor and training academy instructor to discuss integrating Age-Friendly training into their programs.
- Invite potential champions (e.g., Nikki Henderson) to a future meeting to discuss first responder training needs and ideas.
- Reach out to Alli (OADC) to inquire about the status of TRIAD and potential collaboration.
- Talk with Courtney (executive director at Morning Pointe) about her interest and potential involvement in the first responder training initiative.

- Attend the tentative visit to the Lexington village (Caring Place) on August 31st.
- Distribute the printed copies of the first responder quick tips materials to the group for review.
- Summarize the notes from today's meeting and announce the two professionals who want to participate in the comedy show planning.

Joe

- Reach out to the winner of last year's Seniors Got Talent (Dave) to see if he can participate in the comedy show.

Justin

- Come up with an agenda for the first planning meeting of the Older Adult Comedy Show on September 18th and send it to the group.

Next Meeting: September 8th, 2026, 3 PM

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Meetings are always the 2nd Tuesday of every month

~~701 W Ormsby Ave, First Floor Conference Room, Louisville, 40203~~

Meeting will be held virtually on Zoom in September. Zoom Link:

<https://us02web.zoom.us/j/84674420938>

Item 5: Sharing of Current Events & Resources

Opportunity for members to highlight relevant programs, events, and tools that could benefit the group's work. Share at agefriendlylouisville@gmail.com

- **Gold Standard of Optimal Aging Award Ceremony:** Honoring seniors 85+ on **Tuesday, Sept 8 @ 11:30 AM**. Register to attend [HERE](#).
- **KY Senior Games: Aug 15** at Floyds Fork. Volunteers needed for partial or full-day shifts. See info [HERE](#).
- **Seniors Got Talent: Sept 1 @ 6:30 PM** at the Lexington Opera House. Buy tickets [here](#).
- **Memory Café: 2nd Friday of each month @ 11:00 AM** (Next: Aug 14 at Maker Space, 15 Belvoir Circle). Supportive space for those with memory loss and care partners. New schedule starts in Sept. More info [HERE](#).
- **Music in the Park:** Live music, lunch, ice cream, and vendors for adults 55+. Starts **Aug 20** at Sun Valley Park (monthly through Sept). Bring a lawn chair! See flyer [HERE](#).
- **"Well-Seasoned" Cooking Classes:** Hands-on classes at the UofL Trager Institute (\$40/class, Weds 1:00–3:00 PM). **Aug 12:** Cooking on a Budget | **Sept 2:** Cooking for Heart Health. Register online to reserve your spot!

- **Louisville Metro Parks & Recreation:** Programs including Silver Sneakers, pickleball, chair volleyball, and more at Wilderness Road Senior Center. More info [HERE](#).
- **Project ECHO (Care of Older Adults):** Brief virtual trainings and case discussions. Next session, "*Retirement and Mental Health*," is **Sept 18 @ 12:00 PM**. More info: <https://loom.ly/gigBLs4>
- **Annual County Walk Challenge:** Sept 1–30. A month-long movement and step challenge across Kentucky counties. Learn more & join [HERE](#).
- **2026 Walk to End Alzheimer's Louisville** will be held on **October 18** at Churchill Downs. Participate in the Walk and support your Lou chapter [HERE](#).
- **Caregiver Support Group:** Meets every **3rd Friday @ 2:00 PM ET** (with Alzheimer's Association & Episcopal Church Home). Call 1-800-272-3900 or register online at alz.org/crf.
- **TRIAD Meeting: 2nd Tuesday** (Networking 11:00 AM | Lunch 11:30 AM | Meeting 12:00–1:00 PM) at Our Mother of Sorrows Cafeteria (770 Eastern Parkway). RSVP required—contact Alli.
- **Twilight Wish Foundation:** Grants wishes for seniors. Visit the KY Chapter at twilightwish.org/chapter-locations/louisville-kentucky/ or contact Julie Hartmann at hartmannj055@gmail.com.
- **Free Dementia Guide:** Practical info on brain health, safety, and caregiving from Episcopal Retirement Services. Access the guide at episcopalretirement.com or email Teran Herthel at therthel@erslife.org.
- **PEARLS Program:** Free counseling (teletherapy available) for adults 60+ managing depression or isolation. Call 502-588-3471 or visit tragerinstitute.org/PEARLS.
- **My Health Matters (MHM):** Virtual community health education every **Monday @ 6:30 PM**. Info: <https://centers.louisville.edu/aging/optimal-aging-clinic/wellness-and-lifestyle/my-health-matters>