

Age Friendly Louisville Social Inclusion Workgroup Meeting Agenda
June 9th, 2026 | 2:00 - 3:30 PM | 701 W Ormsby Ave, First Floor Conference Room, Louisville, 40203
Attendees: Diane Clark Curtis, Elizabeth Pena, Ruba Musa, Teran Herthel, Danny Fortier, Pam Yankeelov, Sophia Banks.

Facilitator: Diane Clark Curtis, Julie Hartmann*, Justin Magnuson* *not present

Item	Discussion
<p>Item 1: Introductions, Housekeeping, Meeting Focus</p>	<p>Diane started the meeting and attendees introduced themselves and shared organizational updates.</p> <p>Meeting Focus</p> <ul style="list-style-type: none"> ● Speaker presentation ● Community partner engagement and guest updates ● Intergenerational initiatives and social inclusion efforts (Goals 1 & 2) ● Updates to the new "Engage & Connect" section of the Age-Friendly Louisville website ● Village Movement updates (Goal 3) ● Exploration of emerging community-led ideas, including creative aging opportunities such as storytelling and stand-up comedy initiatives
<p>Item 2: Guest presentation</p>	<p>Presentation by Elizabeth Pena from Rep. McGarvey's Constituent Services Team. Elizabeth provided an overview of services available through Congressman McGarvey's district office.</p> <p>Key Highlights</p> <ul style="list-style-type: none"> ● The district office assists constituents with issues involving federal agencies, including: <ul style="list-style-type: none"> ○ Medicare and Social Security concerns ○ Veterans Affairs issues ○ IRS and tax-related matters ○ Immigration and passport assistance ○ Student loan concerns ● Casework requires a signed privacy release from the constituent. ● The office cannot direct agencies to take action but can request reviews, facilitate communication, and advocate on behalf of constituents. ● Community engagement opportunities include: <ul style="list-style-type: none"> ○ Event participation and invitations ○ Certificates and congressional recognitions ○ Town halls and community outreach events ○ Youth Advisory Council and veteran recognition programs ● Elizabeth shared information about the office's monthly grants and funding opportunities newsletter.

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	<p>Federal Funding Updates</p> <p>Recent federal investments highlighted included:</p> <ul style="list-style-type: none"> ● \$1.5 million for Louisville Metro's Community Wellness Center ● \$1 million for Family Health Centers HVAC upgrades ● Funding support for Park DuValle initiatives ● \$800,000 for Simmons University educational programming <p>Additional Resources Shared</p> <ul style="list-style-type: none"> ● Louisville Water's lead service line replacement program ● Congressional assistance available for veterans navigating federal systems ● Grant and funding opportunity notifications. The link to sign up for our monthly grants newsletter is here. ● The regular weekly newsletter of Rep McGarvey's office can be subscribed to here. ● Information about the Cutting Copays Act that was signed into law and the Hellen Keller Education Act, which was recently introduced. <p>Elizabeth also let the group know that she is happy to do another presentation for the other domain if there is interest. Looking forward to staying connected with you all.</p>
<p>Item 3: General Workgroup Updates & Opportunities</p>	<p>Elder Abuse Awareness Day</p> <ul style="list-style-type: none"> ● Reminder: World Elder Abuse Awareness Day is June 15. ● English and Spanish bookmarks and stickers were shared for distribution. Due to low attendance at the meeting, the remaining bookmarks and stickers will be distributed at several libraries and can be added to the WEAAD Event Map. ● Members were encouraged to wear purple and share materials throughout their networks. See marketing material here: World Elder Abuse Awareness Day: June 15 - Bookmarks & stickers in (English, Spanish) available to share with networks. <p>Wilderness Road Senior Center Recap</p> <p>Members briefly discussed last month's visit to the Louisville Metro Parks & Recreation's Wilderness Road Senior Center and ways to increase awareness of available programming, including: Silver Sneakers, Chair volleyball and chair dancing,</p>

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	<p>Pickleball, Garden Club, Technology assistance, Music in the Park events. This will be discussed in more detail during the next meeting.</p> <p><u>Seniors Got Talent</u></p> <p>Promotion shared for upcoming auditions in Louisville on July 16 at 6 pm, at Morning Pointe of Louisville. Members were encouraged to help spread awareness among older adult networks.</p> <p>Age-Friendly Comedy Event Discussion</p> <p>The group discussed forming a subcommittee to explore an Age-Friendly stand-up comedy event with potential support from AARP. The discussion explored opportunities to reduce social isolation through creative aging programs, including the use of storytelling and humor to foster engagement and intergenerational connection, as well as identifying community partners and performers interested in participating. Further discussion will continue at future meetings.</p> <p>Please highlight any new opportunities and give updates on current issues.</p> <ul style="list-style-type: none"> ➤ New topics: Formation of a subcommittee for an Age-Friendly stand-up comedy event with AARP support ➤ Seniors Got Talent Audition Promotion: July 16 ➤ LMG Park & Recreation Wilderness Rd Senior Center recap and ways to promote
<p>Item 4: Subcommittee Breakouts (if needed): Followed by a quick recap in the large group.</p> <p>++ Please assign note taker in subcommittee ++</p>	<p>Goal 1 & 2: Intergenerational Initiatives & Connections</p> <p>Library and Older Americans Month Updates</p> <p>Members discussed successful Older Americans Month collaborations with Louisville Free Public Library (LFPL). Sandra's children's reading list has been posted on the LFPL website. The group discussed expanding outreach efforts next year and identifying additional opportunities for community engagement. This will be discussed in more detail during the next meeting.</p> <p>Intergenerational Storytime</p> <p>Updates were shared regarding intergenerational storytime efforts at Northeast Regional Library. Members expressed interest in continuing to build partnerships that connect older adults and youth through literacy and shared experiences.</p> <p>Engage & Connect Website Section</p> <p>Discussion continued regarding the new Engage & Connect section on the Age-Friendly Louisville website.</p>

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	<p>The section is intended to highlight opportunities for social engagement, promote volunteerism, connect residents to local programs and resources, and increase awareness of age-friendly initiatives across Louisville. This will be discussed in more detail during the next meeting.</p> <p>Goal 3: Village Movement - Highland Community Ministries The group highlighted that there are no current updates but gave a short recap on the following:</p> <ul style="list-style-type: none"> ➤ Building local connections and volunteer networks ➤ Identifying opportunities to support aging in place ➤ Continuing conversations with community partners interested in piloting Village-related efforts
<p><u>Item 5:</u> Dementia-Friendly and First Responder Training Discussion</p>	<p>The group revisited previous Age-Friendly Louisville efforts related to dementia-friendly training and first responder education.</p> <p>Discussion included:</p> <ul style="list-style-type: none"> ● Opportunities to refresh existing dementia-friendly and First Responder Quick Tips training materials on the AFL website. ● Interest in creating updated resources addressing: Dementia awareness, Mental health concerns among older adults, Compassionate communication strategies, Implicit bias and aging. ● Exploration of partnerships with University of Louisville students and community engagement programs to assist with updating training materials. ● ● Elizabeth expressed interest in receiving English and Spanish versions of available resources and indicated her office may be interested in serving as a pilot audience for future training materials. <p>Action Item</p> <ul style="list-style-type: none"> ● Add dementia-friendly and first responder training updates to next month's agenda. ● Explore student involvement in updating existing training resources. ● Share current training materials and resource links with Elizabeth for review.

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<p>Item 6: Outreach Opportunities</p>	<p>Members discussed opportunities to increase community awareness of Age-Friendly Louisville resources by:</p> <ul style="list-style-type: none"> ● Distributing Age-Friendly Louisville flyers in libraries, coffee shops, senior centers, and community organizations. ● Participating in community events such as: Music in the Park, Memory Café, Other neighborhood events and outreach opportunities (see more details in item 7). <p>Action Items</p> <p>Elizabeth Pena</p> <ul style="list-style-type: none"> ● Share information on recent legislation, including the Cutting Co-Pays Act. ● Add interested members to the district office grants and funding opportunities newsletter. ● Share links to dementia-friendly resources available through the congressional office. ● Distribute Age-Friendly Louisville resource materials through community networks. <p>Sophia</p> <ul style="list-style-type: none"> ● Share presentation slides and Age-Friendly Louisville resources with Elizabeth. ● Send links to dementia-friendly training materials and resource lists. ● Review and update training materials and QR codes as needed. ● Explore student engagement opportunities to refresh dementia-friendly training content. ● Add first responder training and dementia-friendly initiatives to the July agenda. ● Follow up regarding potential university collaboration opportunities. <p>Workgroup Members</p> <ul style="list-style-type: none"> ● Continue distributing Age-Friendly Louisville flyers and outreach materials. ● Consider volunteer participation and tabling opportunities at Music in the Park and other community events. ● Share additional resources for the Engage & Connect webpage

Next Meeting: July 14th, 2026, 2 PM

Meetings are always the 2nd Tuesday of every month.

This meeting will be held virtually over Zoom only:

<https://us02web.zoom.us/j/84674420938>

Item 7: Sharing of Current Events & Resources - The group discussed these upcoming event:

Opportunity for members to highlight relevant programs, events, and tools that could benefit the group's work. Share at agefriendlylouisville@gmail.com

- **Memory Café** will take place on Friday, **June 12 at 11:00 AM** at the Northeast Regional Library – Maker Space (15 Bellevoir Circle, Louisville, KY 40223), offering a welcoming, supportive space in partnership with Episcopal Church Home for people living with memory loss and their care partners to connect, socialize, and enjoy snacks, music, and activities. More info [HERE](#).
- **World Elder Abuse Awareness Day (June 15)** – Distribute bookmarks and stickers in your networks; wear purple on June 15 in recognition of World Elder Abuse Awareness Day.
- **Music in the Park:** The upcoming Music in the Park series, featuring live music, lunch (while supplies last), health vendors, and ice cream for adults 55+. The series begins June 18 at Alberta O. Jones Park and continues monthly through September. Bring a lawn chair, as seating is limited. See flyer [HERE](#).
- **Louisville Metro Parks & Recreation highlighted Wilderness Road Senior Center** and community center programming, including Silver Sneakers, chair volleyball, chair dancing, garden club, bingo, Tech Talk assistance, pickleball, table tennis, archery, baseball leagues, and “Music in the Park.” More info [HERE](#).
- **Aging in Place Workshop:** Join David Halpern, author of The Aging-in-Place Dilemma Workbook, for a free workshop to help older adults and caregivers evaluate home safety, caregiving needs, and future planning. June 12 | 12:00–1:30 PM, Lunch at 11:30 AM at JFCS. Visit <https://bit.ly/3Q5CSTU> to register.
- Join **Project ECHO:** Care of Older Adults and the Kentucky Coalition for Healthy Communities (KCHC) and the Trager Institute for healthcare providers and community members brief trainings, case discussions, and resources on age-friendly care, lifestyle medicine, and best practices for supporting older adults called **Project ECHO**. Next virtual workshop *Nutrition & Social Connection* is on **June 12th at 12 p.m.** More info: <https://loom.ly/gigBLs4>
- **Caregiver Support Group** with the **Alzheimer's Association** and **Episcopal Church Home** on **every 3rd Friday** of the month at **2:00 pm** ET. For more information and to register by phone, call our 24/7, Helpline at 1-800-272-3900 or register online at alz.org/crf.
- **Diabetes Self-Management Program (DSMP)** -This free virtual program is for individuals 60 or older with diabetes or pre-diabetes. The Diabetes Self-Management Program provided training, education, and support for people with diabetes or who are prediabetic. Program participants learn practical skills and lifestyle changes that can help manage their condition and improve their health. Next class **June 25 - July 30**. Sign up [HERE](#).
- **TRIAD Meeting - Communities Educating Older Adults About Crime**
Second Tuesday, Networking 11:00 am, Lunch 11:30 am, Meeting 12:00-1:00 pm, LOCATION: Our Mother of Sorrows Cafeteria, 770 Eastern Parkway. RSVP required.
- **The Twilight Wish Foundation**, inspired by a simple act of kindness in 2003, is a national nonprofit dedicated to granting wishes for seniors, having fulfilled over 7,100 wishes across the U.S. to honor, celebrate, and uplift older adults. Find the KY chapter here: twilightwish.org/chapter-locations/louisville-kentucky/ or contact Julie Hartmann at hartmannj055@gmail.com
- The **Episcopal Retirement Services** Center for Memory Support and Inclusion offers a **free dementia guide** with practical information on understanding dementia, supporting brain health, effective communication, and navigating day-to-day safety and caregiving challenges. Access the guide at episcopalretirement.com/corporate/make-sense-of-dementia-guidebook?utm_medium=email&utm_source=govdelivery or email Teran Herthel at therthel@erslife.org
- **The Program to Encourage Active, Rewarding Lives (PEARLS)**, free counseling program from UofL Trager Institute for adults 60+. It supports mental well-being by addressing depression, life challenges, and social isolation. Teletherapy available. Call 502-588-3471 or visit tragerinstitute.org/PEARLS
- **MHM - My Health Matters:** Community Health Education and Support → Every **Monday at 6:30 pm**, virtual. More info at <https://centers.louisville.edu/aging/optimal-aging-clinic/wellness-and-lifestyle/my-health-matters>