

Age Friendly Louisville Social Inclusion Workgroup Meeting Agenda
May 12th, 2026 | 2:00 - 3:30 PM | 701 W Ormsby Ave, First Floor Conference Room, Louisville, 40203

Attendees: Teran Herthel, Kyra Johnson, Sandra McGuire, Lisa Moore, April Ballinger, Ruba Musa, Tammie Biggers, Tonya Cowden, Eddie Squires, Julie Hartmann, Greg Willett, Courtney Whitaker, Joe Dalenberg, Justin Magnuson, Sophia Banks.

Facilitator: Diane Clark Curtis*, Julie Hartmann, Justin Magnuson.

Item	Discussion
Introductions, Housekeeping, Meeting Focus	Justin started the meeting with introductions, participants signed in, and shared organizational affiliations and personal icebreakers. Meeting focus included guest presentations, updates on intergenerational initiatives and social inclusion efforts, discussion of the new “Engage & Connect” website section, and updates related to the Village Movement.
Item 1: LMG P&R Wilderness Rd Community Center	April Ballinger and Tonya Cowden from the Louisville Parks & Recreation shared information about programs and services available through Wilderness Road Senior Center and other community centers. Programs discussed included: <ul style="list-style-type: none"> • Silver Sneakers • Chair Volleyball • Chair Dancing • Garden Club • Bingo • Tech Talk assistance • Pickleball, table tennis, archery, and baseball leagues The group also discussed: <ul style="list-style-type: none"> • “Music in the Park” events are held the 3rd Thursday of each month from 11 AM–1 PM featuring live music, lunch, and ice cream. • Opportunities for vendors to participate in events. • Transportation options through the KIPDA-funded Wheels program for seniors within a 6-mile radius. • Existing and future intergenerational programming opportunities at community centers, including activities involving children and grandchildren. The LMG Park & Recreation website can also be easily found by typing bestparksever.com Go directly to louisvilleky.gov/government/parks/wilderness-road-senior-center
Item 2: Rep. McGravey’s Constituent Team	Presentation by Elizabeth Pena from Congressman McGarvey's Constituent Services Team. ----- This presentation was rescheduled for June -----
Item 3: General Workgroup	Members shared updates and opportunities related to social inclusion and aging initiatives. Topics discussed included:

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<p>Updates & Opportunities</p>	<ul style="list-style-type: none"> ● Service Learning Program through Assumption High School and Jefferson Town Senior Center → the program has been completed for the school year ● Old School, an anti-ageism initiative and discussion network founded by Ashton Applewhite; find out more here: https://oldschool.info/ ● Connectedness Advisory Council efforts to identify and support socially isolated older adults through referrals and resource connections. A meeting happened and details on a resource guide that was created within the project was discussed. ● TRIAD meeting recap and outreach opportunities were discussed ● Age-Friendly Louisville participation at the Optimal Aging Conference resource table was mentioned to the group. See pictures here: Instagram post <p>Memory Café & Caregiver Support Group Updates</p> <p>Updates were shared regarding the monthly Memory Café hosted at the Northeast Regional Library Makerspace in partnership with Episcopal Church Home.</p> <p>Discussion highlighted the importance of creating welcoming social spaces for individuals experiencing cognitive loss and their caregivers through sensory activities, crafts, music, and social connection.</p> <p>Additional updates included:</p> <ul style="list-style-type: none"> ● Caregiver Support Group meetings held monthly at Episcopal Church Home ● Lending library and educational speaker opportunities ● Collaboration opportunities with homeschool groups and intergenerational storytelling initiatives <p>Senior Comedy Event Idea</p> <p>The group discussed the idea of developing a senior-focused comedy event as a creative strategy to reduce isolation, build confidence, and highlight the lived experiences and humor of older adults. The concept was inspired by a successful older adult panel at the Optimal Aging Conference, where participants naturally incorporated humor into their storytelling.</p> <p>Members explored a model in which local comedians would not only serve as hosts or emcees, but also act as mentors or coaches to participating older adults. The structure discussed would focus on supportive skill-building rather than competition, helping participants shape short comedic stories, reflections, or lightly scripted routines drawn from personal experience.</p> <p>Additional ideas included:</p> <ul style="list-style-type: none"> ● Incorporating interactive or audience-participation elements to increase engagement and accessibility

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	<ul style="list-style-type: none"> ● Potentially adapting formats from existing programs such as senior talent showcases from Morning Pointe which happen in the fall in Lexington or AARP-supported comedy initiatives “Life’s Too Short Not to Laugh” happening on May 19 ● Exploring partnerships with established comedy or arts organizations for coaching, venue support, or promotion <p>The group also briefly discussed early logistical considerations, including timing, potential venues, and whether the event could serve as a pilot for a recurring program if successful. Possible involvement of partner organisations in planning and coordination was also mentioned, along with interest in aligning the effort with broader intergenerational and social connection goals within Age-Friendly Louisville.</p>
<p>Item 4: Subcommittee Updates</p>	<p>Focus: Assess progress and identify next steps - Access action plan on website: agefriendlylou.com/social-inclusion</p> <p>Goal 1 & 2: Intergenerational Initiatives & Connections - Engagement & Education</p> <ul style="list-style-type: none"> ➤ Intergenerational Initiatives <ul style="list-style-type: none"> ○ Library Update/OAM (ACL) - Older Americans Month, 2026 theme, <i>Champion Your Health</i>, focuses on prevention, wellness, and self-advocacy. Logo and posters are now available: acl.gov/oam/materials ○ Library Update/Reading List posted on LFPL website, featuring books from Sandra’s Children’s Reading List ○ Northeast Library Intergenerational Storytime: ○ Discussion on the new section on AFL Website “Engage & Connect” - Website draft/mockup and categories were shared and reviewed for feedback. <p>Goal 3: Village Movement</p> <ul style="list-style-type: none"> ➤ Highland Community Ministries Updates ➤ Outreach Opportunities <p>Justin shared updates regarding the Village Movement initiative and partnership discussions with Highland Community Ministries.</p> <p>Key updates included:</p> <ul style="list-style-type: none"> ● Plans of HCM for a soft launch of a local Village model in the fall ● Exploration of volunteer/member matching systems to support aging in place ● Challenges related to technology and coordination platforms were mentioned in a national level during a recent members’ meeting ● Interest in creating a scalable “hub and spoke” model for additional neighborhoods and organizations in Louisville

Next Meeting: June 9th, 2026, 2 PM

Meetings are always the 2nd Tuesday of every month.

Location: 701 W Ormsby Ave, First Floor Conference Room, Louisville, 40203

Item 4: Sharing of Current Events & Resources

Opportunity for members to highlight relevant programs, events, and tools that could benefit the group's work. Send any event and resources to agefriendlylouisville@gmail.com to share in the newsletter and with workgroup members.

- **Memory Café** will take place on Friday, **June 12 at 11:00 AM** at the Northeast Regional Library – Maker Space (15 Bellevoir Circle, Louisville, KY 40223), offering a welcoming, supportive space in partnership with Episcopal Church Home for people living with memory loss and their care partners to connect, socialize, and enjoy snacks, music, and activities. More info [HERE](#).
- **Fan Fair 2026 - June 6th**, 2026, 9:00am-11:00am, Edison Center, 701 W. Ormsby Ave, Louisville KY 40203. If you or your organization are interested in sponsoring, please contact Alli at 502.574.5092 or allison.woosley@louisvilleky.gov
- <https://hcmlouisville.org/senior-activity/>
- **Blood Drive in Honor of Kaitlyn** will be held Friday, **May 29 from 9:00 AM–2:00 PM** at St. John Paul Parish, 3539 Goldsmith Lane, Louisville, KY 40220. During her leukemia treatment, Kaitlyn has received about 25 blood and platelet transfusions, highlighting the importance of donation. All donors will receive a free Red Cross beach towel as a thank-you, and the community is encouraged to donate and share the event. Visit RedCrossBlood.org and enter: Kaitlyn Clements
- **Spot a Scam, Stop a Scam** will be held on **Monday, May 18, 2026, from 10:00–11:00 AM** at the Northeast Regional Library (15 Bellevoir Circle, Louisville, KY 40223), hosted by AARP Kentucky, and will provide practical tools, current fraud trends, and prevention strategies to help you recognize and protect yourself and your family from scams and identity theft. Register and more info [HERE](#).
- Join **Project ECHO**: Care of Older Adults and the Kentucky Coalition for Healthy Communities (KCHC) and the Trager Institute for healthcare providers and community members brief trainings, case discussions, and resources on age-friendly care, lifestyle medicine, and best practices for supporting older adults called **Project ECHO**. Next virtual workshop *Sexuality in Older Adults* is on **May 15th at 12 p.m.** More info: <https://loom.ly/gigBLs4>
- **The AFL Outdoor Enhancement workgroup** will hold their Spring Cleanup event on Monday, **May 18th at 2:30 pm at Petersburg Park**. Signup and complete the Parks&Rec at: bit.ly/AFLSpringClean2026 See flyer [HERE](#).
- **Caregiver Support Group** with the **Alzheimer's Association** and **Episcopal Church Home** on **every 3rd Friday** of the month at **2:00 pm ET**. For more information and to register by phone, call our 24/7, Helpline at 1-800-272-3900 or register online at alz.org/crf.
- **TRIAD Meeting - Communities Educating Older Adults About Crime**
Second Tuesday, Networking 11:00 am, Lunch 11:30 am, Meeting 12:00-1:00 pm, LOCATION: Our Mother of Sorrows Cafeteria, 770 Eastern Parkway. RSVP required.
- **The Twilight Wish Foundation**, inspired by a simple act of kindness in 2003, is a national nonprofit dedicated to granting wishes for seniors, having fulfilled over 7,100 wishes across the U.S. to honor, celebrate, and uplift older adults. Find the KY chapter here: twilightwish.org/chapter-locations/louisville-kentucky/ or contact Julie Hartmann at hartmannj055@gmail.com
- The **Episcopal Retirement Services** Center for Memory Support and Inclusion offers a **free dementia guide** with practical information on understanding dementia, supporting brain health, effective communication, and navigating day-to-day safety and caregiving challenges. Access the guide at episcopalretirement.com/corporate/make-sense-of-dementia-guidebook?utm_medium=email&utm_source=govdelivery or email Teran Herthel at therthel@erslife.org
- **The Program to Encourage Active, Rewarding Lives (PEARLS)**, free counseling program from UofL Trager Institute for adults 60+. It supports mental well-being by addressing depression, life challenges, and social isolation. Teletherapy available. Call 502-588-3471 or visit tragerinstitute.org/PEARLS
- **MHM - My Health Matters**: Community Health Education and Support → Every **Monday at 6:30 pm**, virtual. More info at <https://centers.louisville.edu/aging/optimal-aging-clinic/wellness-and-lifestyle/my-health-matters>