

**Age Friendly Louisville Social Inclusion Workgroup Meeting Agenda**  
**March 10th, 2026 | 2:00 - 3:30 PM | 701 W Ormsby Ave, First Floor Conference Room, Louisville, 40203**

**Attendees:** Teran Herthel, Debbie Tuggle, Sandra McGuire, Justin Magnuson, Greg Willet, Whitney Boswell, Sondra Bazlamit, Julie Hartmann, Justin Magnuson, Diane Clark Curtis, Sophia Banks.

**Facilitator:** Diane Clark Curtis, Julie Hartmann, Justin Magnuson

**Notetaker:** Sophia Banks

Item	Discussion
<b>Summary</b>	<p>After introductions and housekeeping, the group reviewed the Age-Friendly action plan to assess progress and identify next steps related to intergenerational initiatives and connections (Goals 1 &amp; 2) and the Village Movement (Goal 3). Members discussed updates on digital literacy programs, memory cafés, and other community initiatives, as well as opportunities to strengthen partnerships and expand outreach. Subcommittee updates, upcoming events, and a brief update on Dementia-Friendly collaboration were also shared.</p>
<b>Action Plan Review</b>	<p>Review of action plan goals and timelines - Use print out or access on website at: <a href="http://agefriendlylou.com/social-inclusion">agefriendlylou.com/social-inclusion</a></p> <p><b>Goal 1 &amp; 2: Intergenerational Initiatives &amp; Connections - Engagement &amp; Education</b></p> <p>➤ <b>Intergenerational Initiatives</b></p> <p>Members discussed objectives on the action plan (2024- 2027) that have been met, not met or are ongoing and changed some of the timelines accordingly.</p> <p>Extensive outreach and partnerships were made but some have to either be reignited or formed newly due to staff changes or organisations and departments being combined. Some examples of those are Greater Louisville.</p> <p>The group discussed ongoing efforts to expand intergenerational programming and partnerships. Members reviewed challenges in engaging Jefferson County Public Schools (JCPS) and proposed shifting outreach to Family Resource &amp; Youth Service Centers (FRYSCs) and school principals to help build school partnerships. A targeted outreach letter was drafted and sent out to JCPS coordinator but another letter will be drafted and sent to several schools, referencing previous communications with JCPS. The group also discussed inviting Jonathan Mooney from the Foster Grandparent Program to a future meeting to share insights on successful school partnerships as well as Ben Johnson, April Ballinger and Tonya Cowden from Metro Park and Recreation to an upcoming meeting for future collaboration on intergenerational sporting events and if there is a need. In this context the KY senior games were also mentioned and the group briefly discussed if attendance at the games could be encouraged as there are a large number of volunteers participating in the event.</p> <p>The ways events and intergenerational activities are shared were discussed and new options such as starting a separate Facebook group that just highlights events for older individuals to attend to address social isolation. Debbie said she would be open to being the admin if the group wants to proceed.</p>

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	<p>The team discussed outreach efforts to diverse community populations, including partnerships with ElderServe for a 50-50 mentoring initiative which are ongoing. Members shared updates on the digital literacy program for older adults (such as at ElderServe). The program includes training sessions and plans to collect additional data on participation and outcomes, which are metrics needed for the 5 year report.</p> <p>A new Memory Café will launch at the Northeast Regional Library beginning in May and will meet on the second Friday of each month. The café will provide a welcoming space for caregivers and individuals experiencing cognitive loss to participate in social activities such as music and cooking. The program will be co-facilitated with the Alzheimer’s Association, the Episcopal Church Home and library staff are receiving training to support the initiative.</p> <p>The Northeast Regional Library also reached out to connect with older adults from nearby facilities or groups who may be interested in participating in Toddler Time by reading to children, creating an intergenerational opportunity. Members also discussed collaborating with the library on an intergenerational book display for National Intergenerational Month in September.</p> <p>The group also explored potential intergenerational cooking classes to address food insecurity by teaching participants how to prepare meals using random or inconsistent food bank items. Potential partners include Chef Nikkia, the Trager Institute, and Dare to Care. Members also discussed recording cooking demonstrations and exploring the use of AI tools to generate recipes from available ingredients.</p> <p><b>Goal 3: Village Movement</b></p> <ul style="list-style-type: none"> <li>➤ <b>Highland Community Ministries Updates</b> Members discussed supporting Highland Community Ministries (HCM) in developing a local Village program. The proposed approach is to begin with a sustainable model focused within HCM’s service area, recruiting volunteers and participants locally. Over time, the model could expand into a “hub-and-spoke” structure, where HCM serves as a central hub supporting additional villages developed within other community ministry service areas. A planning meeting will be scheduled to further define expectations and next steps.</li> </ul>
<b>Dementia-Friendly KY</b>	<p>Discuss ODS’s interest in collaborating with Age-Friendly Communities to help make Kentucky more dementia-friendly and explore opportunities to infuse dementia-friendly practices across workgroup: <a href="http://dfamerica.org">dfamerica.org</a> Models of other integrations: <a href="http://mass.gov/handbook/massachusetts-age-and-dementia-friendly-integration-toolkit">mass.gov/handbook/massachusetts-age-and-dementia-friendly-integration-toolkit</a></p> <p>The Kentucky Office of Dementia Services recently reached out to explore opportunities to collaborate with Age-Friendly Louisville. The discussion focused on the possibility of incorporating dementia-friendly approaches into the Age-Friendly action plan, potentially integrating dementia-friendly considerations into existing goals or objectives.</p>

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	<p>Members noted that many other communities have combined <b>Age-Friendly and Dementia-Friendly initiatives</b>, including resources such as the <b>Age-Friendly Massachusetts Dementia-Friendly Toolkit</b>, which was shared in the meeting agenda.</p> <p>While no immediate changes are planned, the collaboration could involve the Office of Dementia Services presenting to the group, sharing resources, or encouraging participation in <b>Dementia Friends training</b>, which helps community members better understand and support individuals living with dementia.</p>

**Next Meeting: April 14th, 2026, 2 PM**

Meetings are always the 2nd Tuesday of every month.

**Location: 701 W Ormsby Ave, First Floor Conference Room, Louisville, 40203**

**Item 4: Sharing of Current Events & Resources**

Opportunity for members to highlight relevant programs, events, and tools that could benefit the group’s work. Send any event and resources to [agefriendlylouisville@gmail.com](mailto:agefriendlylouisville@gmail.com) to share in the newsletter and with workgroup members.

- **The Optimal Aging Conference on April 16 and 17** brings together leaders, professionals, and community members for two days of inspiring conversations, innovative ideas, and collaboration focused on shaping the future of aging. Register here: [bit.ly/40vcuEk](https://bit.ly/40vcuEk)
- **Community Health Fair: Tuesday, March 31** | 10 AM-noon, Episcopal Church Home, 7504 Westport Road, Free Health Screenings, Community Tours, Local Resources and Services, Fun Activities & Prizes
- Nominations are now open for the UofL Trager Institute’s **Gold Standard of Optimal Aging Award Ceremony**, honoring individuals aged 85+ who are thriving in later life, with submissions accepted until May 1 or until capacity is reached. Submit nominations here: [bit.ly/3OyuPhc](https://bit.ly/3OyuPhc)
- The Department for Behavioral Health, Developmental and Intellectual Disabilities (DBHDID) is offering a free, limited-capacity **virtual training series (January–June) led by Dr. Steven Kniffley** through the KY SIX grant, featuring 1-hour sessions on trauma-informed topics to support professionals and community partners across Kentucky.
- Join **Project ECHO**: Care of Older Adults and the Kentucky Coalition for Healthy Communities (KCHC) and the Trager Institute offers healthcare providers and community members brief trainings, case discussions, and resources on age-friendly care, lifestyle medicine, and best practices for supporting older adults. Next virtual workshop **Suicide Prevention in Older Adults** on March 20 at 12 p.m. Register: <https://loom.ly/gigBLs4>
- **The Louisville Metro Office of Aging and Disabled Citizens** updates its **Senior Resource Guide** twice a year, offering a comprehensive list of helpful services and supports for Kentuckians. View the July 2025 Updated senior guide on OADC website at [louisvilleky.gov/government/office-social-services/office-aging-disabled-citizens](https://louisvilleky.gov/government/office-social-services/office-aging-disabled-citizens)
- **Caregiver Support Group** with the **Alzheimer’s Association** and **Episcopal Church Home** on every **3rd Friday** of the month at **2:00 pm** ET. For more information and to register by phone, call our 24/7, Helpline at 1-800-272-3900 or register online at [alz.org/crf](https://alz.org/crf).
- **TRIAD Meeting - Communities Educating Older Adults About Crime**  
Second Tuesday, Networking 11:00 am, Lunch 11:30 am, Meeting 12:00-1:00 pm, LOCATION: Our Mother of Sorrows Cafeteria, 770 Eastern Parkway
- **The Twilight Wish Foundation**, inspired by a simple act of kindness in 2003, is a national nonprofit dedicated to granting wishes for seniors, having fulfilled over 7,100 wishes across the U.S. to honor, celebrate, and uplift older adults. Find the KY chapter here: [twilightwish.org/chapter-locations/louisville-kentucky/](https://twilightwish.org/chapter-locations/louisville-kentucky/) or contact Julie Hartmann at [hartmannj055@gmail.com](mailto:hartmannj055@gmail.com)

- The **Episcopal Retirement Services** Center for Memory Support and Inclusion offers a **free dementia guide** with practical information on understanding dementia, supporting brain health, effective communication, and navigating day-to-day safety and caregiving challenges. Access the guide at [episcopalretirement.com/corporate/make-sense-of-dementia-guidebook?utm\\_medium=email&utm\\_source=govdelivery](https://episcopalretirement.com/corporate/make-sense-of-dementia-guidebook?utm_medium=email&utm_source=govdelivery) or email Teran Herthel at [therthel@erslife.org](mailto:therthel@erslife.org)
- **The Program to Encourage Active, Rewarding Lives (PEARLS)**, free counseling program from UofL Trager Institute for adults 60+. It supports mental well-being by addressing depression, life challenges, and social isolation. Teletherapy available. Call 502-588-3471 or visit [tragerinstitute.org/PEARLS](https://tragerinstitute.org/PEARLS)
- **MHM - My Health Matters**: Community Health Education and Support → Every **Monday at 6:30 pm**, virtual. More info at <https://centers.louisville.edu/aging/optimal-aging-clinic/wellness-and-lifestyle/my-health-matters>