

Age-Friendly Louisville: Building Inclusive Communities

from Stroller to Walker

By Sophia Banks, Age-Friendly Louisville Coordinator

Age-Friendly Louisville (AFL) is a city-wide initiative led in partnership by Louisville Metro Government, AARP Kentucky, KIPDA, and the UofL Trager Institute. AFL's mission is clear: to cultivate an inclusive city where individuals of all ages and abilities can thrive, welcoming and supporting individuals at every stage of life, from the youngest members of our communities in strollers to the eldest who may rely on walkers for mobility. Recognizing the universal nature of aging, AFL believes that creating an age-friendly environment benefits society as a whole.

AFL's efforts encompass various aspects of community life, from infrastructure to social connections. Through "drive-by" holiday parades during COVID and various resource guides, AFL demonstrated its commitment to fostering inclusivity and community engagement. Other endeavors resulted in policy changes like the approval of accessory dwelling units by the Louisville Metro Council. Through collaborative efforts and



comprehensive planning, AFL has successfully completed its initial five-year plan and is now gearing up for its 2024-2027 Strategic Plan. This new plan focuses on three key domains: Housing, Social Inclusion, and Outdoor Enhancement.

NEW DOMAINS

Housing is a key focus area with the aim of creating age-friendly, multigenerational communities and intergenerational connections



Caregiving is her superpower.

I'm so thrilled my Mom has settled into her memory care household at Episcopal Church Home. She has developed such a great relationship with Annie after struggling at home. Annie takes care of everything throughout the day for my Mom. It's like she's a superhero.

At ECH, Annie and the team have adopted a versatile worker model. Instead of doing just one job, such as direct care, housekeeping, or activities, each team member develops deep and meaningful relationships by doing many tasks throughout the day. It's person-centered care at its finest, where Mom can embrace freedom, choice, and purpose, with the support she needs. I'm so grateful Mom has Annie looking out for her each day.

Schedule a tour by contacting Elizabeth Pace at 502.736.8043 or by email at epace@erslife.org. Or visit episcopalchurchhome.org to learn more.



Episcopal Church Home
erslife.info/echmc



Episcopal Church Home is a community of
Episcopal Retirement Services, where all faiths are welcome.





~ Community members attend the AFL Kickoff Event and workgroup meetings.

AGE-FRIENDLY LOUISVILLE WORKGROUP SCHEDULE

All domain meetings are scheduled monthly at the Edison Center, located at Louisville Metro Resilience and Community Services, 1st Floor Conference Room, 701 W Ormsby Ave, Louisville, 40203, from 2:00 to 3:30 PM. The Housing workgroup meets on the first Wednesday of every month, the Social Inclusion workgroup meets on the second Tuesday, and the Outdoor Enhancement workgroup meets on the fourth Tuesday (subject to change).

By investing in age-friendly initiatives, AFL is not just preparing for the future - it's building a vibrant and inclusive community where individuals of all ages can lead fulfilling lives. Join AFL in this transformative journey towards a more Age-Friendly Louisville.

For further information on Age-Friendly Louisville, please visit agefriendlylou.com, check out our Facebook page, or reach out to us at agefriendlylouisville@gmail.com.

as well as improving accessibility to home modifications. Social Inclusion highlights the importance of accessible and affordable social activities, celebrating community diversity and service, and promoting collaboration on "The Village Movement." Meanwhile, Outdoor Enhancement underscores AFL's commitment to enhancing public spaces, promoting mobility, and ensuring safer streets while beautifying the community.

2024 KICKOFF EVENT

On January 25th, 2024, AFL hosted their Kickoff Event to reintroduce the new workgroup domains and invite the community to participate. These workgroups provide residents with an opportunity to actively contribute to shaping the future of an Age-Friendly Louisville through engaging discussions, planning, and advocacy efforts.

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