Minutes

**Age-Friendly Louisville “Community Support & Health Services” DOMAIN Workgroup meeting**

**February 5, 2019 2:00 to 4:00 PM.**

**Location- Jewish Family & Career Services**

**2821 Klempner Way, Louisville, KY 40205**

PLEASE MARK YOUR CALENDARS: March 5, 2019 from 2:00 – 4:00 PM at Jewish Family & Career Services, 2821 Klempner Way, Louisville, KY 40205

Able to be with us: Pam Yankeelov, Natalie Pope, Coby Waiter, Mona Huff, Carol Fout-Zignani, Cathy Avery, Sheila Levy, Carrie Orman, Sharon Lewis, Dee Allen, Sherry Ernst, Erin Hosking, Mary Alice Tolbert, Janice Van Zandt, Kenneth McGrew, Sylvia Johnson, Ron Bridges, Karen Fallon, Sarah McIntee, Amy Crittenden, Shelia Carter, Erika Branch, Charlaine Reynolds

\*For a list of members, please see table on page 3 of minutes.

Minutes completed by: Sheila Levy (THANK YOU!)

**Meeting called to order at 2** PM and welcome by Pam Yankeelov. Those in attendance introduced themselves. Pam requested volunteers to take the minutes and to monitor the time for the meeting. Amy Crittenden volunteered to monitor the time and Sheila Levy volunteered to take the minutes.

**Review Agenda & Goals of the meeting** by Pam and Coby: (1) Objective is to discuss methods to obtain information about resources and disseminate to seniors. Discussion regarding barriers that seniors face in receiving information and attending community events. Barriers discussed include transportation, lack of computer access and literacy, ingress and egress from their homes and compromised health status. It was suggested that all communications regarding resources for seniors be distributed in multiple media format including but not limited to; in writing on flyers, recorded for broadcast on computer (representative for AARP has a film presentation on their web site) radio broadcast and through an inclusive and interactive web site. (2) Identify other individuals and community organizations to invite to the workgroup as both presenters and as working members. (3) The group debated whether this workgroup would be more productive if divided into three sub groups with each sub group focusing on a single goal. Workgroup agreed that in order to accomplish the three goals in a timely manner the workgroup will be divided into three sub groups.

**Age-Friendly Overview & Review of Domain & Strategic Plan. Discuss 2019 Action Items.** Pam reviewed the three goals contained in the domain “Community Support & Health Services”. **Goal 1** “Increase the capacity of community organizations to promote health resource information.” Under this goal there are four action items that are to be completed in 2019. They are; (a) “Community organizations are surveyed for interest and current opportunities.” (b) “Community organizations are introduced to a sample of possible locally-based programs currently demonstrating success in Louisville.” (c) “Research existing local curriculum such as the sensitivity training for working with individuals with disabilities and explore curriculum from other age-friendly cities which aims to train public service employees in age-friendly practices.” (d)” Develop a taskforce of representatives of various public service sectors to consider implementation.” **Goal 2** “Residents of Age-Friendly Louisville will have access to training to feel prepared to support their family and neighbors to “age in place”. Under this goal there is one action item that must be completed in 2019. It is; “Research existing local caregiver curriculum and explore caregiver curriculum for other age-friendly cities for working with individuals with disabilities and explore curriculum from other age-friendly cities which aims to train public service employees in age-friendly practices.” **Goal 3** Healthcare providers and residents will have greater awareness of the risk taking opioid medications for pain and the value of alternative pain management strategies.” Under this goal there is one action item that must be completed in 2019. It is; “Develop a resource guide for PCPs about opioid misuse and alternative pain management strategies.”

**Workgroup Recruitment** Pam and Coby will email materials to workgroup members that explain this project and assist group members in recruiting more people/organizations with aligned goals that can contribute to this project. The workgroup members suggested numerous organizations and people that should be asked to join this project. The people and organizations discussed include; Carol Challas from the Thrive Center, Center for Neighborhoods &Community Ministries, Southeast Christian Church, Humana, Kentuckiana Healthcare Collaborative, KY Employee Retirement System (KERS), KY retired Teachers Association, Archdiocese of Louisville, all of the individual advocacy groups such as( Multiple Sclerosis, Alzheimer, ALS, etc.), KY Social Workers, KY Retired Nurses, United Auto Workers, Metro United Way 211, J’Town Senior Center, and multiple agencies within Louisville Metro Government. It was determined that the most efficient way to invite agencies within Metro Government would be through the Mayor’s office rather than reaching out to individual agencies. Additionally, persons and specialists were suggested to assist with the goal related to alternative pain management. These include; a pharmacist, Yoga trained person, massage therapist, acupuncturist. It was also suggested that the group invite a marketing person and a technical advisor.

 The following items were suggested for follow-up; Ask other agencies if they already have their own resource lists. Need to find money to build an interactive web site. Ask other organizations how they inform their consumers (Print media, computer web sites, telephone, etc) and barriers to participation.

**Next Workgroup Meeting, Goals/Tasks/Time & Place** Next meeting will be on March 5, 2019 from 2:00 – 4:00 PM at Jewish Family & Career Services, 2821 Klempner Way, Louisville, KY 40205.

 Workgroup will meet for the first hour and presenters from other agencies will present the second hour of meeting. From 2:00 to 3:00 PM the workgroup will meet to discuss developing a time line for each sub group. Group will identify what “Age Friendly Louisville” looks like. Each group member will choose which sub group they want to join. Discuss which groups (outside agencies) are senders vs receivers of information and make sure the workgroup has a representation of each type. Decide if workgroup’s work plan is distilled/refined enough to invite other presenters or if further discussion and definition is needed before taking in more information from additional presenters.

 From 3:00-4:00 PM guest speakers will each make a presentation to the workgroup. Speakers to include representatives of: 211 Metro United Way, KIPDA, Sara Teeters from Metro Louisville, MyHealthE.net.

Meeting adjourned at 4:00 PM.

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| **Email Address** | **First Name** | **Last Name** | **Organization** |
| cathy.avery@nortonhealthcare.org |  Cathy |  Avery |  Norton Healthcare & Health Ministries |
| deeallen2018@gmail.com | Dee | Allen |  Women’s Club of Louisville |
| ebranch@parkinsoncenter.org | Erika | Branch | Parkinson Support Center |
| [rbridges@AARP.org](http://rbridges@AARP.org) | Ron  | Bridges | AARP |
| slcarter@heartsong-mc.com | Sheila L | Carter |  Heartsong Memory Care |
| acrittenden@youroasisadvisor.com | Amy | Crittenden | Oasis Senior Advisors Louisville |
| [sherryernst@traditionsmgmt.net](http://sherryernst@traditionsmgmt.net) | Sherry | Ernst | Traditions @ Beaumont |
| kfallon@hhlou.org | Karen | Fallon | Harbor House of Louisville |
| Carol.fout-zignani@nortonhealthcare.org | Carol | Fout-Zignani | Norton Healthcare & Health Ministries |
| erin@seniorht.com | Erin | Hosking | Senior Home Transitions |
| monahuff616@gmail.com | Mona | Huff | UofL Trager Institute (formerly Institute for Sustainable Health & Optimal Aging) |
| sjohnson1@hosparus.org | Sylvia | Johnson | Hosparus Health |
| sheila.levy@ky.gov | Sheila | Levy | Project CARAT |
| sharonleelewis@icloud.com | Sharon | Lewis |  Women’s Club of Louisville |
| kmcgrew03@gmail.com | Kenneth | McGrew | United Healthcare/Lifeline |
| smcintee@hhlou.org | Sarah | McIntee | Harbor House of Louisville |
| info@strokekyin.org | Carrie | Orman | Kentuckiana Stroke Association |
| natalie.pope@louisville.edu | Natalie | Pope | UofL Institute for Sustainable Health & Optimal Aging |
| [Natalie.pope@louisville.edu](http://Natalie.pope@louisville.edu) | Natalie | Pope | UofL Trager Institute (formerly Institute for Sustainable Health & Optimal Aging) |
| charlaine@agetransitions.com | Charlaine | Reynolds | Age Transitions |
| matolbert@gmail.com | Mary Alice | Tolbert |  Galen College of Nursing |
| janicely72@yahoo.com | Janice | Van Zandt | Senior Home Transitions |
| pam.yankeelov@louisville.edu | Pamela | Yankeelov | UofL Trager Institute (formerly Institute for Sustainable Health & Optimal Aging) |