

Members present: Sandra McGuire, Kyra Johnson, Chris Clements, Abby Bauer, Deb Tuggle, Pam Yankeelov, Justin Magnuson, Greg Willet, Suzanne Bittenbender, Kaye Lawlis, Sophia Banks.

March 11th, 2024 | Edison Center, RCS, 701 W Ormsby, Louisville, 40203

Notetaker: Abby Bauer

Facilitator: Diane Clark Curtis

Item	Discussion
1.	<p><b>Welcome/Introduction/Overview</b></p> <p><b>Meeting Overview</b>                      The meeting began with member introductions and focused community initiatives, including discussions on co-housing models, intergenerational programs, and future activities for Older Americans Month. The workgroup also reviewed recent successes, such as the Valentine's Day card project, and upcoming events.</p>
2.	<p><b>HUG Reading Initiative</b>                      Ema Wessels</p> <p><b>HUG (Help Us Grow) Kentucky representative Ema Wessels will present the HUG reading initiative and how tutorship looks like. No speaker from Help Us Grow (HUG KY) today; they will join in April.</b></p>
3.	<p><b>Recap and discussion on the Louisville CoHousing Presentation Feb 11th</b></p> <p><b>Co-Housing Initiative Follow-Up</b></p> <ul style="list-style-type: none"> <li>● Recap of the recent virtual co-housing discussion:                             <ul style="list-style-type: none"> <li>○ Some attendees were expecting different presentation content.</li> <li>○ Questions raised: What neighborhood? How big? What are the shared home options?</li> <li>○ Response: Several neighborhoods are being considered, but no location is finalized yet.</li> <li>○ Reference made to Norton Commons, which has a similar concept.</li> </ul> </li> <li>● <b>Relevance to Social Inclusion:</b> Focus on intergenerational living and community support.</li> <li>● <b>Concerns and Key Questions:</b> <ul style="list-style-type: none"> <li>○ Diversity (ability/disability inclusion, economic accessibility).</li> <li>○ Funding sources and real estate acquisition.</li> <li>○ Parking, accessibility, retention, and inclusivity.</li> <li>○ Ensuring homes are move-in ready for aging in place.</li> </ul> </li> <li>● <b>Potential Partnerships:</b> <ul style="list-style-type: none"> <li>○ Mattingly Edge and Day Spring (organizations providing services for individuals with disabilities) have engaged in discussions.</li> <li>○ Discussion on the "village model" concept where owners and subsidized owners have equal voices.</li> <li>○ Legislative bills in Frankfort related to rezoning and religious organizations were noted.</li> </ul> </li> <li>● <b>Kaye provided an update on the Housing Workgroup discussion from the previous week.</b> <ul style="list-style-type: none"> <li>○ Discussions covered affordability, inventory shortages, and multigenerational housing needs.</li> <li>○ Urban-rural disparities, internet access, and housing as a social determinant of health were highlighted.</li> <li>○ The need for wraparound services during housing transitions was emphasized (Parkway Apartments and Dosker Manor).</li> <li>○ The group plans to engage with the housing authority on solutions.</li> </ul> </li> </ul> <p><b>Next Steps for Co-Housing Initiative</b></p> <ul style="list-style-type: none"> <li>● Gather clarity on key questions before proceeding.</li> <li>● Monitor legislative developments related to co-housing.</li> <li>● Attend the March 25th co-housing meeting (Debbie, connect to other workgroup members that attended the other info sessions)</li> </ul>

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	<ul style="list-style-type: none"> <li>● Consider inviting other housing-sharing models in Louisville to future meetings if they can be identified.</li> <li>● Explore Housing Authority involvement in upcoming discussions.</li> </ul>
4.	<p><b>Updates from the Subcommittees</b></p> <p><b>Social Inclusion Valentine's Day</b></p> <ul style="list-style-type: none"> <li>● Valentine's Day and Black History month initiative "<b>Heart Across Generations</b>" was successfully completed with over <b>1000 cards</b> distributed throughout city → <a href="#">beautiful clip created by Diane</a> was posted on Instagram where over <b>17 partners</b> throughout the city in the initiative are acknowledged</li> <li>● The initiative was a success, with participation from multiple zip codes.</li> <li>● Schools used their own supplies, which allowed for broader engagement.</li> <li>● Social media coverage was significant, increasing awareness, <a href="#">one post</a> went somewhat viral.</li> <li>● Holy Trinity and Westport Place will now incorporate service projects every few months.</li> <li>● Ongoing effort to connect students with older adults for continued relationships.</li> </ul> <p><b>Generations United Conference</b></p> <ul style="list-style-type: none"> <li>● The workgroup's workshop proposal has been accepted for.</li> <li>● <a href="#">GU Conference Update: Submission accepted as a Combination Workshop</a> (instead of peer networking session) with a co-presenter, June 25-27 in Louisville → <b>Title: <i>Empowering Communities Through the Village Movement.</i></b> Presenters must pay a \$515 fee</li> <li>● Seeking sponsorships (\$515 per person early-bird registration).</li> <li>● AARP was suggested as a possible sponsor.</li> <li>● Deadline to confirm attendance before being put on the waitlist is March 31.</li> <li>● Sophia will reach out to GU to ask for scholarship for speakers/presenters</li> </ul> <p><b>Microsoft Teams Community</b></p> <ul style="list-style-type: none"> <li>● Members are encouraged to join via the <a href="#">link</a> provided in the agenda.</li> <li>● Platform will be used for chats, resource sharing, and continued engagement.</li> </ul> <p><b>50/50 Mentoring Collaborative:</b></p> <ul style="list-style-type: none"> <li>● Nicole submitted an application for the 2025 AARP Community Challenge Grant; intergenerational aspects were highlighted. Follow up with Nicole how initiative could be supported.</li> </ul> <p><b>Updates on the Village (goal 3):</b></p> <ul style="list-style-type: none"> <li>● Presentation is being prepared by subcommittee to present at meetings of organizations which align with initiative: e.g. the Jefferson County League of cities (contact Becky Peak, OE facilitator and president at JCLC, and Central Louisville Community Ministries → Whitney)</li> </ul> <p><b>Harbor House</b></p> <ul style="list-style-type: none"> <li>● Follow up was made on tour and speaker invitation to facility</li> </ul>
5.	<p><b>Implementation Log &amp; Breakout into committees</b></p> <p><b>Older Americans Month (May) – Intergenerational Activities</b></p>

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	<ul style="list-style-type: none"> <li>● <b>Theme:</b> Community spaces and shared experiences between seniors and students.</li> <li>● <b>Proposed Activities:</b> Common Space → Community Center, Senior Center, Senior Nutrition, Area Community Ministries <ul style="list-style-type: none"> <li>○ Shared lunch events at community centers, senior centers, and area ministries, schools will participate on separate days, spreading activities throughout the month, 1 school per location, stations for games and art (2 art panners, Board/card games), Schools on separate days, make it a month celebration. <ul style="list-style-type: none"> <li>■ Kyra – EACM and Jefferson Town Senior Group</li> <li>■ EACM - Westport middle</li> <li>■ Suzanne - St. Lawrence senior Group? Notre Dame Academy</li> <li>■ Chris - Highland CM</li> <li>■ Others Fern Creek - Renee</li> <li>■ Library – Sandra &amp; Sophia</li> </ul> </li> </ul> </li> <li>● <b>Logistics Considerations:</b> <ul style="list-style-type: none"> <li>○ Planning for lunch and transportation.</li> <li>○ Potential Sunday afternoon event.</li> </ul> </li> </ul> <p><b>Village Model Exploration:</b></p> <ul style="list-style-type: none"> <li>● Greg will follow up with Becky on village model presentations.</li> <li>● Schedule meeting with Whitney and area ministries to discuss potential partnerships.</li> </ul> <p>Microsoft Teams Community for SI domain is available for workgroup members to collaborate and communicate. Interest? Join link: <a href="https://bit.ly/AFLTeamsSI">bit.ly/AFLTeamsSI</a></p>
6.	<p><b>SI Related Events/Resources/Updates</b></p> <p><b>Large Group</b></p> <p>Group was informed about current events and new resources and flyers were shared.</p> <ul style="list-style-type: none"> <li>● <b>JFCS Community Chat Panel Discussion "The Future of Aging: Innovative Programs for Older Adults in Louisville"</b> for caregivers, service providers, families, and seniors on <b>Tuesday, March 18, at 11:30 AM</b>, Justin will be speaking. More info on <a href="#">flyer</a>.</li> <li>● <b>March 20 (11 AM - 1 PM):</b> Awards ceremony for those involved in the initiative.</li> <li>● <b>Senior Panel Discussion on March 25.</b> This informative event is for those planning for retirement or supporting a loved one, featuring industry experts on senior care, estate planning, and financial security. Free and open to all. RSVP info in the <a href="#">flyer</a>.</li> <li>● <b>A Reentry Resource Fair</b> will be held on <b>April 12th, 10 AM - 3 PM</b> at the Southwest Regional Library.</li> <li>● Join the <b>2025 Optimal Aging Conference</b> on <b>May 15-16</b> for inspiring speakers, expert insights, and networking opportunities. Register by April 1 to save \$50! Secure your spot today: <a href="https://loom.ly/ztmShtE">https://loom.ly/ztmShtE</a></li> <li>● <b>MHM - My Health Matters:</b> Community Health Education and Support → Every <b>Monday at 6:30 pm</b>, virtual</li> <li>● <b>Advance Care Planning</b> as part of our joint caregiver series is a virtual event on <b>March 17</b> at 1pm Collaboration with the Trager Institute, St. Louis University and the Memory Clinic (<a href="#">Flyer</a>).</li> <li>● Starting <b>March 17</b>, veterans from all branches of the military can join a new support group, <b>Brave Minds</b>, a veteran mental health and wellness support group in person at the Trager Institute or virtually every Monday from 10–11 a.m. Follow this link to join online: <a href="http://bit.ly/Brave-Minds">http://bit.ly/Brave-Minds</a> More info on <a href="#">flyer</a>.</li> <li>● <b>NEW: Social Club</b> the Optimal Aging Clinic/Trager Institute, aiming to combat loneliness through social and wellness activities. 2nd Friday of each month 12:30 - 1:30 pm. All welcome to; see the flyer for details.</li> </ul>

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	<ul style="list-style-type: none"> <li>● <b>Louisville CoHousing Info Session:</b> Presentations with Metro Planning and Mathilde Berthe from Studio+CoHab on <b>March 25th</b> (5:30 - 7:30 PM) at Western Branch - Louisville Library. <a href="#">RSVP HERE</a>. Monthly meetups also take place on the 7th at 7 pm.</li> <li>● <b>Care of Older Adults</b> is a virtual session series, hosted by Project ECHO (UofL Trager Institute) &amp; KCHC. “Restorative Sleep: A Vital Pillar for Health and Longevity”, Friday, <b>March 21, 12 - 1:30 PM</b>. Register here: <a href="https://loom.ly/gigBLs4">loom.ly/gigBLs4</a></li> <li>● New <b>Grandparents Raising Grandkids</b> support group on the <b>2nd Wednesday</b> of each month at <b>12 pm</b> at Neighborhood House.</li> </ul> <p>Send any event and resources to <a href="mailto:agefriendlylouisville@gmail.com">agefriendlylouisville@gmail.com</a> to share in newsletter and with workgroup members.</p>
7.	<p><b>Next Workgroup Meeting:</b></p> <p>The next workgroup meeting will continue discussions on HUG, intergenerational programs, further planning for Older Americans Month and cohousing.</p> <p><b>No location change:</b>  <b>April 8th, 2025, 2 - 3:30 PM</b> at the <b>Edison Center</b></p>

**Next Meeting: April 8th, 2025, 2 - 3:30 PM**  
Meetings are always the 2nd Tuesday of every month.