

AGING IN PLACE - FAMILY CHECKLIST

- **Safety First** – Clear clutter, add grab bars, improve lighting.
- **Health Care** – Keep up with checkups, meds, and in-home care if needed.
- **Stay Connected** – Encourage visits, calls, and community activities.
- **Money & Legal** – Review benefits, budget, POA, and advance directives.
- **Transportation** – Set up rides for appointments, errands, and social time.
- **Daily Help** – Arrange meals, cleaning, repairs, and emergency alerts.
- **Local Support** – Use aging services, housing programs, and caregiver help.
- **Recheck Often** – Review needs regularly and adjust support as life changes.

