**Minutes for Community Supports & Health Services Domain of Age-Friendly Louisville**

**October 1st, 2019, 2 to 4 pm**

**Facilitators: Coby Watier, Sarah Teeters, & Pam Yankeelov**

**LOCATION: UofL Trager Institute, 204 East Market, Suite A, Louisville, KY 40202**

A table at the end of the minutes indicate who participated in this month’s meeting.

Minute taker: Pam Yankeelov

Next meeting will be Tuesday, November 5th, from 2 to 4 pm @ UofL Trager Institute

* 1. Update on age-friendly 1st responder curriculum

1. Kelly Nason, MSSW student working on literature review for the 1st responder curriculum, offered report, see ppt.
2. Objective is to create a training for 911 Operators, EMS, Fire and Police that is universal appeal with a “train the trainer” design
3. We should consider the best methods of information sharing for our first responders to care for our older adults.
   1. Suggestions include LouieConnect/211
      1. We could build an older adult section of the interactive LouieConnect app. LouieConnect is missing the older adult piece. We could also build the Live Help portion of LouieConnect for older adults and this utilization of the app would be trackable.
      2. We could develop a credit card resource guide.
      3. Tri-fold like American Diabetes Association
   2. AFL-CH&HS brochure update: AARP will print our brochure when they receive the final edits from the Social Participation Domain Workgroup. They want to print both our brochure and the bookmark simultaneously. 1000 copies of our brochure will be made by AARP. The resource page on Agefriendlylouisville.com is currently being developed and our brochure will be able to be printed from this resource webpage to potentially increase distribution.
   3. AARP “Prepare to Care” Presentation, by Rita Morrow
      1. Theme: We are one, will be one…caregiver
      2. Topics include Start the Conversation, Form your Team, Make a plan, find support, care for yourself
      3. Benefits: Can go through book or slides, AARP will come to one’s organization, live training, 30 minutes, provide by a trained individual, book is in many languages
      4. Asked if there were any google analytics on the reach of the program on annual basis. Rita will inquire
      5. Can be a volunteer to give the Prepare to Care presentation, the newly developed requirements for AARP volunteers include offering 3 to 4 presentations a year with tabling support
      6. FYI: AARP and KIPDA partnering to offer Caring for the Caregiver series where caregivers can connect with others in situations similar to their own, learn how to develop a caregiving plan, and learn about resources available in their community. Dates are as follows:  
         **October 23**: Prepare to Care and Caregiver Stress Management (click [**HERE**](https://aarp.cvent.com/kyP2Cseries) to register for this session)    
         **October 30**: Ins and Outs of Elder Law: Focusing on You and Those You Love (click [**HERE**](https://aarp.cvent.com/kyelderlawseries)to register for this session)  
         **November 6**: Kentucky Adult Guardianship (click [**HERE**](https://aarp.cvent.com/kyguardianshipseries)to register for this session)
      7. Ideas were generated on how to enhance the training, delivery options, and target audiences of the “Prepare to Care” curriculum
         1. Training: An additional piece of curriculum could be included basic training in ADLs and IADLs and oral health care, as well as, brain health
         2. Delivery options: online, webinar
         3. Target audiences: home health, faith-based communities, area ministries, neighborhood associations, uber drivers, senior centers, assisted living
   4. Danny Fortier, Humana, presented on the “Humana in your Neighborhood”. Anyone can come to center. Just have to be a Humana member for Silver Sneakers. Focus of the program is to combat social isolation and to promote health.
      1. Can go to Humana.com/Louisvillecommunity
      2. Have several presentations at Center. They have partnered with Cleveland Clinic and JenCare.
      3. They do use United Community
      4. Exercise topics are driven by the members
      5. Team at Humana plans their schedule way in advance

Next meeting should consider: CNA-SON, Sam Cotton from UofL Trager Institute, American Red Cross, and something I cannot read

Table includes all who were able to be with us for our October 2019 meeting.

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