**Age Friendly Louisville**

**Social Participation, Respect, & Inclusion Work Group/Domain**

**Meeting Notes**

**June 11, 2019**

**Attendees: Carol Challas, Chris Clements, Lettie Heer, Nick Cotter, Coby Watier, Rita Morrow, Mable Jones, Ron Loughry, Terri Thomas, and Rachael Fautz.**

Brief Introduction by Attendees and reflection on the past 4 months of what the domain has done.

Reviewed the list of Elder Abuse trainings. Brief discussion about whether anyone looked at financial planners and what they go through? ABA touches on it, but not deep dive.

Decided that the group probably doesn’t need to focus on professionals; create resource packet for families and seniors.

Coby Watier joined the group from the Community Support & Health Services workgroup. They’ve found people have the greatest need for those types of services, there are many services available, but people don’t know about them. There is a need to aggregate resource; work with groups that already aggregate information: Metro 311, United Way 211, KIPDA, My Health E, and AARP. Organizations tell people to go to AFL and look for resource info - put AFL logo on website, click on and takes to a Resources link that lists those top 5. They received a comment that the people that really need this information are people that don’t have internet – 20% of the Metro area is not online. They created a flyer with AFL logo and these 5 resources. Ron Bridges said add all domains to it, and AARP will pay for first 1000 flyers printed. Handing out flyers takes a lot of work to distribute; not an easy task, need to work together.

Another issue they discussed was how to work with first responders. First responders don’t have a lot of documentation/guidelines that they follow. It would be best if there was a document for first responders that is on refrigerator, etc in homes with all pertinent information responders need (name, doctors, medications, health issues, emergency contacts, etc). AARP has a Personal Medication Record that includes all of that information. It can be put on the local AARP website as a resource.

Terri brought up the fact that some communities are more private/more closed off if they don’t trust you. They might not speak up about abuse; they don’t want to tell their business. You need to build trust with groups/organizations to get them to open up, share information. Terry brought an information sheet for Mistreatment of African American Elders. Rita suggested recruiting members from organizations, churches, etc. that people already trust in the community to participate in work group meetings.

Where seniors go for information: Faith communities, community outreach centers, doctors, nurses, caregivers, family. There are 15 Community Ministries in Louisville. This is another existing network/resource people know about and trust, could be directed to for information/resources along with top 5 above. We could put information in their Centers, they could post our information on their websites. TRIAD meets on second Tuesday of every month at MUSCL Sr. Wellness Center. Free lunch. Lunch 11:30-12. Speakers 12-1. Law enforcement, service providers and senior participants. This would be a good meeting to attend. Give information to Senior Meals, Meals on Wheels (homebound) and Metro Nutrition – to hand out to people.

Comment made that all domains should get together at some point to discuss what they’ve all been doing.

Moving on to One-on-One Communication – meal distribution idea above would be a way to get information out to reach folks to sign up.

Rita suggested a program where students make phone calls to seniors. Start in middle school and continue on through high school; build a relationship between the student and the senior. Roadblock mentioned – Meals on Wheels folks go through background checks. Even people delivering meals aren’t supposed to have any additional contact/relationship with clients. For minors, there would also be the issue of parental consent. The workgroup should bring in some of these groups we’re talking about and talk to them about roadblocks, possibilities. Try to invite representatives to July/August meetings.

Someone mentioned creating a program where participation by students is built in to curriculum for credit. A lot of groups already have community service programs in place (public schools, Catholic and private schools, Scouts, etc). Is it up to our group to create a macro understanding of that? Groups may already have established contacts/organizations they work with. Are they willing to take on another one? What mechanism do you use to find out what’s out there? Can you contact JCPS or Arch Diocese and ask if they know what schools have programs. A lot of these programs are short-term. How do we get the organization to extend that into a more long-term relationship? Nick argued the point, do we need to look at what’s already there or do we need to focus more on services where there aren’t already? Metric for this is number of pairings established – is that individuals one on one paired? Or organizations paired? Didn’t realize this many programs already existed when this metric was set. Thought we were filling a need that wasn’t already being met. If all of these exist and isolation still exists, why? And how do we meet that need?

Harbor House is building an intergenerational center. They found a lot of people were aging/retiring and leaving Louisville. They asked the question “How do we get them to stay?” The services they need in their communities aren’t there. They wanted to know how to put seniors and youth together for a mutually beneficial relationship. This center is the result of that. \

Mabel asked how we would connect with the senior homeless population. That was a population the group had not thought about. Wayside and Volunteers of America would be good groups to bring to the table. Forgotten Louisville, Lost Sheep do homeless outreach as well. Homeless that make it to senior status and are at Medicare and Medicaid level, get a social worker, and can get into subsidized housing. They have to get into the system though. Loretta Lyman would be another good resource for information – Park Duvall and other senior housing location.

Passed out June 15th World Elder Abuse Awareness Day – Media Advisory from AFL. We embrace it, recognize it, and hopefully in 2020 we’ll have an event or activity.

To-do: Chris will talk to Meals on Wheels and Lettie about attending for July, try to get a school rep from both JCPS and a private school for July (if not, August), and will invite Keith Knapp from Veritas.

There are conflicts at Thrive Center in July and August; cannot meet there. Chris will check with libraries for July. Terri suggested Harbor House for August.