

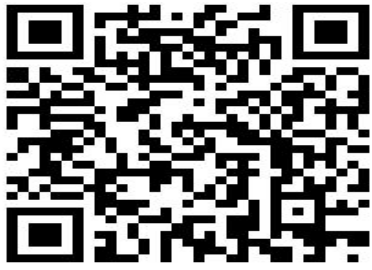


**Agenda for Community Supports & Health Services Domain of Age-Friendly  
Louisville**

February 2nd, 2021, **3 - 4 pm**

Facilitators: Sarah Teeters, Pam Yankeelov, & Kelly Nason

**LOCATION:Zoom**

Item		Discussion	Action to accomplish	Person Responsible
<b>1.</b>	<b>Welcome/Introduction</b>			
	<ul style="list-style-type: none"> <li>Update Names &amp; Emails by signing in <b>VIA CHAT</b></li> <li>Introductions</li> </ul>	<ul style="list-style-type: none"> <li>Five Participants: Sarah, Kelly, Avery, Kim, Sameera, Lisa, Teran</li> <li>Holiday updates</li> <li>Photo Release</li> </ul>		Everyone :)
<b>2.</b>	<b>Housekeeping</b>			
	<ul style="list-style-type: none"> <li>Today's Minute Recorder will be: Avery</li> <li>Meeting photographers will be: Kelly, Pam or Sarah?</li> <li>Minutes can also be found at agefriendlylou.com</li> <li>Future meeting reminders will come from AmeriCorps VISTA member, <b>Avery Crews</b></li> <li><b>Photo and social consent:</b> <a href="https://louisvillekent.az1.qualtrics.com/jfe/form/SV_7QlpNUZQVbrqEiV">https://louisvillekent.az1.qualtrics.com/jfe/form/SV_7QlpNUZQVbrqEiV</a></li> </ul>	<p align="center">Photo/social media release</p> 	<p>Take Minutes Take Pics</p>	<p>Avery Avery</p>

3.	Review Agenda & Goals of Meeting			
	<ul style="list-style-type: none"> <li>- <b>Objectives of this meeting</b> <ul style="list-style-type: none"> <li>i. Overview of February meeting;</li> </ul> </li> <li>- See minutes           <ul style="list-style-type: none"> <li>ii. Quick review of strategic plan               <ul style="list-style-type: none"> <li>1. Clearinghouse, 1st responders and residents to be prepared on job and to care at home, health promotion resources and opioid resources</li> </ul> </li> <li>iii. Fact Sheets: Where are we?               <ul style="list-style-type: none"> <li>1. 1<sup>st</sup> responder and community residents prepare to care overview/update                   <ul style="list-style-type: none"> <li>a. Current status</li> </ul> </li> <li>2. Edits for this resource                   <ul style="list-style-type: none"> <li>a. Next Goal: Informal review by 1st responders including police</li> <li>b. FR Factsheets were spread out for edits within the workgroup</li> </ul> </li> <li>3. Kelly sent these out to new members last week</li> <li>4. Hopefully to get subgroups set up from EMS, Fire, and Police</li> <li>5. Update: New Students will be helping us to expand these with additional research and</li> </ul> </li> <li>iv. Pam will discuss where CS&amp;HS is in terms of Action Projects and where we are in relation to their completion               <ul style="list-style-type: none"> <li>1. Website edits and an information hub on AFL Website</li> </ul> </li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Discussed photo/media release form for the AFL website and social media platforms</li> <li>• Fact Sheets: Sent out to anyone who said they might want to review them.           <ul style="list-style-type: none"> <li>○ Discussion of three new students that will be working on the First Responder Fact Sheets (Haley, McClain, Savannah)</li> <li>○ New topics: LGBT Elders, immigrants, trauma, dementia, sensory impairment</li> </ul> </li> <li>• Discussion of the Alternative Pain Management Resource:           <ul style="list-style-type: none"> <li>○ Avery discussed the edits she has made and the direction that the edits are pushing the resource in</li> <li>○ Additional suggestions were made</li> </ul> </li> </ul>	<p>Avery/ALL</p> <p>Avery has been compiling a resource on these videos/presentations to meet the need for this part of the strategic plan</p> <p>Pam will send out the table to compile the fitness information from the health care companies</p> <p>Draft will be sent out soon</p>	<p>Action Item: March is our launch date goal</p> <p>Maybe focus on Fire and EMS first because they are the most receptive</p> <p>Reach out to contacts within the community about possible trainings and possibility of these trainings being centered at Trager as a hub to offer voluntary trainings to these organizations for free</p> <p>Resource Avery</p>

	<ul style="list-style-type: none"> <li>2. Getting groups involved and defining resources specific to each domain workgroup</li> <li>3. AARP Strategic Plan Report for AARP going forward (Due in Sept for each workgroup)</li> <li>4. AARP Prepare to Care and how we are working to expand this in the community</li> </ul> <p>v. Avery has been working on an alternative pain management resource based off a video created by Trager and by these presentations from Trager's Project ECHO on Opioid Risk Management and Integrative Pain Management Strategies</p> <ul style="list-style-type: none"> <li>1. <a href="https://www.youtube.com/watch?v=zXVJk-yPHbw&amp;feature=emb_title">https://www.youtube.com/watch?v=zXVJk-yPHbw&amp;feature=emb_title</a></li> <li>2. Avery will give an update of what she has accomplished so far with this resource <ul style="list-style-type: none"> <li>a. Draft Shared and sent to advisors for revision</li> </ul> </li> </ul> <ul style="list-style-type: none"> <li>● Pam reviewed where we are in terms of the chart sent out to collect information on our action plan: <ul style="list-style-type: none"> <li>○ pull together resources regarding health promotion within the community</li> <li>○ Increase outreach to the populations that these resources serve</li> </ul> </li> </ul>	<p>regarding splitting herbal medicine and acupuncture into two sections to incorporate ayurveda, homeopathy, etc into the resource</p> <ul style="list-style-type: none"> <li>○ Additionally, review all the options included in the non opioid prescription section</li> </ul> <ul style="list-style-type: none"> <li>● Discussion of chart sent out by Pam on the insurance benefit aspect of things: <ul style="list-style-type: none"> <li>○ Avery will be sending to Teren, Kim, Carolina, and Sameera</li> <li>○ Suggestions made by the group: Humana, Thrive, ElderServE, Tria, AETNA</li> <li>○ Carolina made suggestions on additions to the chart</li> <li>○ Goal is to expand this out and spread on the AFL website, social media, email lists</li> </ul> </li> </ul>		
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		<p>for each category and what will be the most helpful to meet the goals of the action plan</p> <ul style="list-style-type: none"> <li>○ Mini articles from professionals to complement insurance/companies newsletters over a series of months that reinforce all pain methods to patients over time <ul style="list-style-type: none"> <li>■ Triad, Humana,</li> <li>■ Send out forms, minutes, and action plans</li> <li>■ Pam will send out the table</li> </ul> </li> </ul>		
<b>4.</b>	<b>Any announcement from our members?</b>			
		<ul style="list-style-type: none"> <li>● My Health Matters</li> <li>● AARP: Prepare to Care</li> <li>● Welcare</li> <li>● Medicaid Open Enrollment Meetings and Eligibility: AARP</li> </ul>		

5.	Next Workgroup Meeting location?	Zoom, March 2nd @ 3pm		

**Next Community Supports & Health Services (CS&HS) Meeting:** March 2nd, 2021, 3 to 4 pm

**NOTE:** CS&HS Meetings are always the 1<sup>st</sup> Tuesday of each month, 3-4 p.m.