

Age Friendly Louisville Social Inclusion Workgroup Meeting Agenda
July 14th, 2026 | 2:00 - 3:30 PM | Facilitators: Diane Clark Curtis, Julie Hartmann, Justin Magnuson

Attendees: Diane Curtis Clark, Riley Hanks, Julie Hartmann, Nicole Hayden, Teran Herthel, Kyra Johnson, Justin Magnuson, Sandra McGuire, Ruba Musa, DeShawn E. Smith, Rosalyn Smith, Tamara, Pam Yankeelov, Sophia Banks*. *Notetaker

Item	Discussion
Item 1: Introductions, Housekeeping, Meeting Focus	Diane opened the meeting with participant introductions, welcomed new members and provided a brief overview of the day's discussion topics. She shared updates from a recent meeting with Representative McGarvey's office, highlighting potential grant funding possibilities and strong interest in two key projects: a comedy/talent show for older adults and the first responder quick tip sheets. Community Programs & Events Members shared updates on several active community initiatives and upcoming seasonal events: ● Age-Friendly Comedy Initiative: The group discussed plans for a potential talent or comedy show for older adults. Justin outlined AARP's support for the event, noting interest from partners like Morning Pointe, Metro Parks, and the ongoing Seniors Got Talent auditions. ● Local Events: The call went out for volunteers to support the upcoming Senior Games. Updates were also shared on health fairs, library initiatives during Older Americans Month, and recent wish grants fulfilled by the Twilight Wish Foundation. ● Community Resources & Caregiver Support: Ongoing activities were highlighted, including Memory Cafes, local Dementia Friends training, and efforts to support caregivers. The group also touched on the Village movement concept in partnership with Highland Community Ministries, focusing on expanding intergenerational engagement.
Item 2: Guest presentation Recap & First Responder Quick Tips	Rep. McGarvey's Constituent Services Office During the June meeting, the group met with Elizabeth Pena from Rep. McGarvey's Constituent Services team to discuss partnership opportunities. The discussion highlighted the "First Responder Quick Tips" resource hosted on the AFL website as a key tool for collaboration. First Responder Training & Quick Tip Sheets Project Access material here: First Responder Quick Tips The group discussed reviving and expanding an educational project originally developed in 2018–2019 but put on hold due to COVID-19 and other community priorities. Pam provided the historical context, explaining that the project involved creating brief training sessions for first responders on topics like compassion fatigue, mental health, and dementia, with volunteer trainers from the Age-Friendly group.

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	● Project Scope: The initiative features brief, 15-minute training sessions paired with quick-reference tip sheets for first responders. Core topics already developed include: ○ Dementia (incorporating the Age-Friendly "4Ms" framework of care) ○ Mental health ○ Compassion fatigue ○ Self-care and self-management ● Implementation Strategy: Diane proposed forming a dedicated committee to move this forward as a concrete initiative. To avoid duplicating existing efforts, the group agreed that the immediate priority is to assess current training schedules and explore integration opportunities with community partners, including the Flourish Care Centers of Excellence. Next Steps & Actions: ● Training Assessment: Kyra will contact a local community engagement officer to learn about current training schedules and existing programs in the East End precinct. ● Re-establishing Contacts: Pam will reconnect with historical police, fire, and EMS contacts. ● Materials & Volunteer Review: The team will review and update the existing 2018–2019 materials and identify volunteer trainers (including Julie, who expressed interest in participating) to deliver the sessions. ● Updates: The committee will share progress updates at the next meeting.
Item 3: General Workgroup Updates & Opportunities	Subcommittee & Project Updates Comedy Show Initiative The group discussed plans to organize an Age-Friendly comedy event, building on the reception of the humor of previous older adult panels at the Trager Institute. ● AARP Support & Collaboration: AARP has offered up to \$500 in funding, volunteer support, and promotional assistance. Justin will follow up with AARP contacts and connect with April Ballinger at Metro Parks to discuss the initiative. ● Partner Involvement: Metro Parks, Morning Pointe, and JenCare expressed strong enthusiasm. Sophia will reach out to contacts from Morning Pointe's "Seniors Got Talent" program, and Kyra volunteered to join the planning committee. ● Event Concept & Logistics: ○ Sophia will set up a Google Form to recruit additional planning committee volunteers.

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	○ Ideas under consideration include exploring coaching models for participants, reaching out to local comedian Cliff (from a previous Project ECHO event) for guidance, and partnering with local comedy clubs for mentoring. ● To sign up for the Age-Friendly Comedy Planning Committee, fill out the following form: https://forms.gle/WCkPeWjXG8bmAGYc6 Dementia-Friendly Initiatives & Caregiver Resources Several updates on dementia training, respite care, and caregiver support were shared: ● Dementia Friends Training: Monthly training sessions are now available on the last Wednesday of each month. Flyers will be distributed soon. Teran completed the program and highlighted upcoming "train the trainers" sessions to help expand "Dementia Friends Champions" across participating organizations. ● Statewide Respite & Funding Updates: Kentucky received a Lifespan Respite grant to develop a state respite coalition and caregiver directory. Additionally, Sandra shared an ACL funding opportunity for a Lifespan Respite National Technical Assistance and Resource Center (applications due July 26th). ● Media Resource: Diane will share the link to a recent KET special on caregiving that features a family's journey with dementia. The special can be watched here: https://ket.org/program/the-caregiving-experience-a-ket-special-report/the-caregiving-experience-a-ket-special-report/ Wilderness Road Senior Center & Community Events ● Senior Center Programming: The group reviewed active programs at the Wilderness Road Senior Center, which include music in the park, painting, pottery, SilverSneakers, chair volleyball, tech support, puzzle club, walking club, and chair yoga. ● Seniors Got Talent: Members highlighted the upcoming Seniors Got Talent auditions scheduled for July 16th.
Item 4: Subcommittee Update	Access action plan on website: agefriendlylou.com/social-inclusion Goal 1 & 2: Intergenerational Initiatives & Connections - Engagement & Education ➤ Intergenerational Initiatives Library Partnerships, Older Americans Month, & Book Awards Sandra reviewed recent library-based outreach and future plans: ➤ Older Americans Month & Elder Abuse Awareness: Branches promoted children's reading lists and positive aging books, with some hosting themed displays. Bookmarks for World Elder Abuse Awareness Day, (June 15) were also distributed to local libraries, including Highland and Crescent Hill. 2027 Expansion Plans: To build on this year's

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	success, the group plans to engage library leadership and branch managers earlier next year to secure features in library newsletters. ➤ Krout and Elmore Children's Book Award: "Soggy Like Kush Kush" was announced as the 2026 winner. It is not updated on the website, still has 2025 awardee. Sandra has established an endowment with Lincoln Memorial University to maintain the "Growing Up and Growing Older" book list website and house a physical collection of children's books on aging. ➤ Engage & Connect" website updates The discussion focused on the launch of the "Engage and Connect" section of the Age-Friendly Louisville website, which is intended to serve as a long-term community resource directory rather than a calendar of one-time events. Sophia shared that the page had just been published for the group to review and requested feedback before making it more broadly available. Access Connect and Engage here: https://www.agefriendlylou.com/connect-and-engage Key points discussed included: ● The website now brings together community resources that the group has collected over the past several years into one organized location. ● Members were asked to review the page and provide feedback on: ○ Overall organization ○ Font and layout ○ Ease of navigation ○ Any organizations or resources that may have been omitted. ● The site is intended to feature: ○ Recurring community events ○ Public community calendars ○ Ongoing programs and services ○ Groups and lifelong learning opportunities.

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	Only recurring or established programs will be added. One-time or short-term events will generally not be included in order to reduce the ongoing maintenance required to keep the website current. Community calendars that are already maintained by partner organizations can be linked as a way to keep event information up to date. The group responded very positively. Sandra noted that it demonstrates the breadth of Age-Friendly Louisville's work and provides a centralized place for information sharing across the community. Overall, the Engage and Connect section is envisioned as a sustainable, centralized hub where older adults, caregivers, and community members can easily discover ongoing programs, organizations, and educational opportunities throughout the Louisville area, with the content continuing to grow through contributions from partner organizations. Goal 3: Village Movement Justin provided an update on efforts to establish a Village model with Highland Community Ministries. Current status: • Conversations continue with community partners. • A visit to an established Village program in Lexington remains under consideration to help guide development.
<u>Shared Upcoming Events and Resources</u>	(See Item 5 for more info on events) Teran shared updates about the Northeast Regional Library's Memory Cafe, which has grown to 14 attendees and will change from the second Friday to the third Monday of each month starting in September. Teran also mentioned a well-attended bi-monthly social engagement event at Community Missionary Baptist Church in August. Justin announced plans to host the first in-person Death Cafe since 2020 on July 26th at Iroquois Library, collaborating with three others. An open, informal discussion about death and dying with no set agenda. Kyra provided an update on an upcoming community health and resource fair for seniors at Brownsboro Park on August 12th, which will feature interactive health screenings, breakout sessions, and a luau theme. The group discussed plans for a fall support health fair focused on Alzheimer's, dementia, and Parkinson's support. Julie highlighted recent Twilight Wish Foundation projects that support older adults, including taking 27 seniors to a Senior Day baseball game, providing a lift chair for a resident, and partnering with Wilderness Road Senior Center to provide bingo door prizes. Teran highlighted the Community Missionary Baptist Church's bi-monthly social engagement program for people living with memory loss and their caregivers. The gatherings include educational presentations, brain engagement activities, lunch, and opportunities to build meaningful social connections, with the next event scheduled for August.

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	Senior Games & Volunteer Opportunities The KY Senior Games is looking for volunteers during the different events in August and September. More info HERE. The group discussed opportunities to: ● Recruit volunteers for Kentucky Senior Games. ● Explore involving youth volunteers in appropriate roles. ● Coordinate with Kentucky Senior Games organizers to determine suitable intergenerational volunteer opportunities. The discussion encouraged greater involvement with the Senior Games, particularly through volunteering and intergenerational engagement. Key points included: ● Volunteers are being sought, with opportunities to help for either a few hours or a full day during the games. ● Event details and volunteer information are available through the flyer referenced in the meeting materials. The group also discussed ways to expand participation: ● Sandra suggested involving youth volunteers to help with tasks such as distributing water, providing directions, and supporting participants, creating a stronger intergenerational component. ● Nicole and Diane both offered to explore connections with youth groups to support this idea. ● Julie recommended first consulting the Kentucky Senior Games coordinator to determine which events would be most appropriate for youth volunteers, noting that some competitions are highly competitive and volunteer roles should be matched carefully. Additional context shared during the meeting: ● Sandra McGuire recommended the documentary "Age of Champions," which highlights Senior Games athletes. ● Julie also mentioned "Growing Bolder" as a source of videos and stories featuring Senior Games participants and encouraged coordination with the Kentucky Senior Games organizers for future volunteer efforts.

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	Action Items The meeting concluded with several agreed next steps. ● Justin ○ Launch the comedy/talent show planning committee. ○ Contact AARP and additional partners. ○ Continue Village initiative discussions. ● Sophia ○ Assist with volunteer sign-up for the comedy project. ○ Continue updating Age-Friendly website resources. ● Kyra ○ Contact local police regarding first responder training needs. ● Pam ○ Reconnect with previous police, fire, and EMS contacts. ○ Help assess opportunities to revive the first responder training project. ● All members ○ Continue promoting dementia training, senior programs, libraries, and community events. ○ Provide updates on initiatives at the next meeting.

Next Meeting: August 11th, 2026, 2 PM

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Meetings are always the 2nd Tuesday of every month

701 W Ormsby Ave, First Floor Conference Room, Louisville, 40203

Item 5: Sharing of Current Events & Resources

Opportunity for members to highlight relevant programs, events, and tools that could benefit the group's work. Share at agefriendlylouisville@gmail.com

- **Memory Café** is now held on the **second Friday of each month at 11 AM**. The next cafe will be on **August 14 at 11:00 AM** at the Northeast Regional Library – Maker Space (15 Bellevoir Circle, Louisville, KY 40223), offering a welcoming, supportive space in partnership with Episcopal Church Home for people living with memory loss and their care partners to connect, socialize, and enjoy snacks, music, and activities. More info [HERE](#).
- **Music in the Park**: The upcoming Music in the Park series, featuring live music, lunch (while supplies last), health vendors, and ice cream for adults 55+. The series begins **July 16** at Iroquois Park and continues monthly through September. Bring a lawn chair, as seating is limited. See flyer [HERE](#).
- **KY Senior Games** will happen in August and September. **Volunteers are needed** either for a few hours at a time or a full day. See more info [HERE](#).

- **Death Café** – Join an open, respectful conversation about death in a welcoming, judgment-free setting. Over dessert, participants can share thoughts and experiences to help increase awareness of mortality and encourage living more intentionally. **July 26, 2:30–4:00 p.m.** at Iroquois Library. For questions, contact Justin Magnuson at justin.magnuson@louisville.edu.
- **Center for Accessible Living 45th Anniversary Celebration** – Celebrate the Center for Accessible Living's 45th anniversary and the 36th anniversary of the Americans with Disabilities Act (ADA). **July 30, 12:00–2:00 p.m.** at the **Kosair Charity Room on Eastern Parkway**. Register at <https://bit.ly/calparty45>
- The Dementia Friends training is now available through the Office of Dementia Services. Trainings are always on the last Wednesday of the month at 10am and 2pm. Register here: https://ky-gov-cot.zoom.us/webinar/register/WN_dWYhIVqUT_iBGKySKY8TZQ?from=hub#/registration
- **Louisville Metro Parks & Recreation highlighted Wilderness Road Senior Center** and community center programming, including Silver Sneakers, chair volleyball, chair dancing, garden club, bingo, Tech Talk assistance, pickleball, table tennis, archery, baseball leagues, and “Music in the Park.” More info [HERE](#).
- Join **Project ECHO**: Care of Older Adults and the Kentucky Coalition for Healthy Communities (KCHC) and the Trager Institute for healthcare providers and community members brief trainings, case discussions, and resources on age-friendly care, lifestyle medicine, and best practices for supporting older adults called **Project ECHO**. Next virtual workshop “*Urinary Issues and Older Adults*” is on **July 18th at 12 p.m.** More info: <https://loom.ly/gigBLs4>
- **Caregiver Support Group** with the **Alzheimer’s Association** and **Episcopal Church Home** on **every 3rd Friday** of the month at **2:00 pm** ET. For more information and to register by phone, call our 24/7, Helpline at 1-800-272-3900 or register online at alz.org/crf.
- **TRIAD Meeting - Communities Educating Older Adults About Crime**
Second Tuesday, Networking 11:00 am, Lunch 11:30 am, Meeting 12:00-1:00 pm, LOCATION: Our Mother of Sorrows Cafeteria, 770 Eastern Parkway. RSVP required.
- **The Twilight Wish Foundation**, inspired by a simple act of kindness in 2003, is a national nonprofit dedicated to granting wishes for seniors, having fulfilled over 7,100 wishes across the U.S. to honor, celebrate, and uplift older adults. Find the KY chapter here: twilightwish.org/chapter-locations/louisville-kentucky/ or contact Julie Hartmann at hartmannj055@gmail.com
- The **Episcopal Retirement Services** Center for Memory Support and Inclusion offers a **free dementia guide** with practical information on understanding dementia, supporting brain health, effective communication, and navigating day-to-day safety and caregiving challenges. Access the guide at episcopalretirement.com/corporate/make-sense-of-dementia-guidebook?utm_medium=email&utm_source=govdelivery or email Teran Herthel at therthel@erslife.org
- **The Program to Encourage Active, Rewarding Lives (PEARLS)**, free counseling program from UofL Trager Institute for adults 60+. It supports mental well-being by addressing depression, life challenges, and social isolation. Teletherapy available. Call 502-588-3471 or visit tragerinstitute.org/PEARLS
- **MHM - My Health Matters**: Community Health Education and Support → Every **Monday at 6:30 pm**, virtual. More info at <https://centers.louisville.edu/aging/optimal-aging-clinic/wellness-and-lifestyle/my-health-matters>