



**Age- Friendly Louisville
Social Participation, Respect & Inclusion
Meeting via ZOOM
December 14, 2021**

7 Attendees: Terri Thomas Stephanie Freeman
 Rita Morrow Sameera Jackson
 Anastasia Johnson Alli Woosley
 Chris Clements

Welcome/Introduction: Rita welcomed everyone to the Zoom meeting today at 2:05 PM. She asked each person to introduce themselves, share what organization or group they were with and then what their favorite holiday song and/or gift is/was. Everyone participated with this. It should be noted that there was one new attendee. It was Stephanie Freeman who is with Norton Hospital's Memory Care & Dementia Area. She was also active with Age Friendly Lexington in the past and will be nice addition to this domain.

Highlights from November 2021 Meeting: Rita provided very short overview from the November 2021 session as it had been a busy November but also some were still on the calendar for December and set to discuss in today's Agenda. The November highlights included guest speaker, Courtney McLaughlin with Project Warm who shared about the recent Blitz event and the impact this organization has done the last nearly 30 years in the Louisville community helping elderly, fixed income and disabled persons with weatherization and energy conservation efforts in their homes. She even mentioned several "intergenerational" opportunities too. Rita then reflected on the recent Veterans Day Commemorative events the group had done including the one on November 11th at Boys and Girls Club of Kentuckiana (Parkland location). The event was from 6 PM to 7 PM and featured 4 major armed forces in the area of Army, Navy, Air Force and Marines. The group was diverse with men and women and of those of different race too. As bonus, Valley High School ROTC group is coming to the event to do a few exercises and help commemorate Veterans Day with the youth at Boys and Girls Club of Kentuckian. Also, the Club produced nearly 100 Veterans Day cards that were given out for a Veterans event at Bowman Field Airport on Nov 10th.

Intergenerational "Pen Pal" Project: Rita Morrow provided an update on the Pen Pal project which has been in the works for several months. She stated that Franciscan Health Center started the letter writing first with about 10 senior participants with intro letters and included a theme of what they were "grateful" about. It was reminded that the Activities Director, Lisa Richardson, had left this week a new replacement would be coming soon. In return, Rita shared that Ms. Jeanine Brooks (Family Resource Coordinator) at Fairdale Elementary school was working with 10 of her students to send back letters this week. Chris Clements reported that the partnership between John Paul II Academy along with Atria Stony Brook took off Thanksgiving weekend with the 5th grade students sending nearly 20 personalize and handmade cards to seniors at this center. Cindi Rhodes, Engagement Life Director (Activities Director), at Atria Stony Brook was working on getting her residents to send notes and cards back to this school as well as the school sending

notes/cards back before the holiday break or year over. Also noted that St. Francis of Assisi and Nazareth Home would be starting their Pen Pal project in January 2022. Nazareth Home which had hoped to have 30 older persons (senior) participants would now only have about 15 doing this. The Activities Director with Nazareth Home is Julie Kane and she be the lead contact. The St. Francis of Assisi would have up to 30 students (7th graders) participating. More updates on Pen Pal project will be coming in January 2022 and hopes of regular patterns of correspondence would be intact for the next five months.

2021 Parades Update and Review: Chris Clements discussed the upcoming holiday parade. It will take place on December 17th (Friday) at 1 PM. The meeting up place would be at Waterson Plaza off Bishop Lane and Newburg Road. The route is like last year but has about 4 additions to it since JCPS is back in regular in person school and couple more older housing communities wanted to be a part of it. In all there would be over dozen “intergenerational” stops on the parade. The theme is to be end of the year holiday touch with it. It should be noted that Santa Claus would be present for it and pets (dogs and cats) are welcomed too. Any questions on this parade as well as other ideas on future parades can contact Chris Clements at (502) 640-7716 or Christopher.clements@louisvilleky.gov

Holiday Card Update: Chris Clements mentioned that a project that was raised back in the October and November domain sessions was doing a holiday card project with Catholic Charities especially the Ombudsman Program and getting out close to 10,000 seasonal cards and notes to seniors. The actual number of cards going out and how many schools or youth groups participated in this were not known. The deadline for this was December 10th.

Work Group Session: Rita Morrow opened the next part of the meeting as open discussion or what the domain refers to as “work group” time. It was a chance for those to share things that the domain could do or change for the better and remain focus on its goals and objectives. Chris Clements mentioned two things. The first was to do some type of “Black History” reflection project with Boys and Girls Club of Kentuckiana or other groups like Newburg Middle Schools and/or Urban League. The youth would share or reflect on an important African American in their life they admired or looked up to and share that with older audience. The other project that Chris Clements noted was to explore an idea earlier mentioned in 2021 and by the Louisville Urban League, which is doing “inter-generational chess club”. This would be explored in 2022. Sameera Jackson mentioned about two things in the Smoketown community. The first was a cooking class between older and younger generations while the other was reading empowerment program. These start up quickly so due to tight deadlines may not happen till early part of 2022, but they were good suggestions. Rita Morrow and Terri Thomas both chimed in that book reading and literacy would be good since the “Every 1 Reads” Program with JCPS ceased earlier this year. Sameera Jackson also shared an Art Teacher name of Jennifer Wempe who offers and does step by step paint initiative that could be intergenerational idea. Alli Woosley mentioned about aerobics or exercise program between older and younger generations which could be a possibility too. Alli Woosley mentioned of maybe doing more with the YMCA especially since her prior job was there and she has personal connections to them.

New Business: Chris Clements noted that the attendance has dropped off the last few months from being in the mid-teens to right at ten or shortly less. Few folks have mentioned about maybe changing the day and time. It was only a thought or idea, but all three facilitators are good with the current day and time as well as few of the other steady members. Thus it will be considered but right now the meeting date and time will remain the same. It was also asked when the domain sessions would be in person again. With the new variant and things remaining uncertain with COVID 19, there appears to feel that meetings and things will remain

by virtual (ZOOM) through the winter season and be reassessed in March/April 2022. There was no other new business or special announcements except that the next domain session would be January 11th (Second Tuesday) at 2 PM and will remain as ZOOM session.

The next Age Friendly Louisville Social Participation, Inclusion and Respect Domain will be on January 11, 2021 (Tuesday) from 2 PM to 4 PM. The same ZOOM link will be used and communication phone numbers of 312-626-6799 and 646-876-9923 will be provided.