



**Age- Friendly Louisville  
Social Participation, Respect & Inclusion  
Meeting via ZOOM  
October 12, 2021**

10 Attendees: Terri Thomas Amy Temperly  
Rita Morrow Tihisha Rawlins  
Anastasia Johnson Sameera Jackson  
Chris Clements Darian Decker  
Dee Deitra Murphy Alli Woosley

**Welcome/Introduction:** Since there were two special guests/speakers today, Rita asked each person to introduced him/herself. All attendees shared a Fall Season hope or wish they wanted to do.

**Highlights from September 2021 Meeting:** Rita provided very short overview from the September 2021 session. Highlights included: reflection on the “20<sup>th</sup> Anniversary 9/11” with Boys & Girls Club of Kentuckiana—Parkland site, two upcoming and planned “Fall-Halloween Parades in two different areas in the city, wide range of upcoming intergenerational activities to include “Halloween Costume Contest” and “Veterans Day” event. It was productive meeting with many potential ideas and plans in the work and much more would be shared in today’s meeting.

**Presentation-Speaker # 1:** Darian Decker with Archdiocese of Louisville Catholic Charities was the first of two speakers today. Chris Clements provided a short introduction and then Darian who is the Community Relations & Marketing Director first shared about 2 ½ minute video and then discussed how Catholic Charities has about dozen different programs. She particularly emphasized about the Long Term Care and Ombudsman Programs as these would be great fits to Age Friendly Louisville and their initiatives. She explained how the “Friendly Visitor” volunteer program along with upcoming “Christmas Card” program would be good or ideal fits. She also noted the Family Support (Mother Infant Program) could be good too. To learn more about Catholic Charities go to [www.cclou.org](http://www.cclou.org) or contact Darian by phone at 637-9786 ext. 304 or by email at [ddecker@archlou.org](mailto:ddecker@archlou.org)

**Presentation-Speaker # 2:** Amy Temperly is one of three Co-Creators with A Mighty Good Time and CEO of Aging is Cool. She was the second speaker today. Chris Clements stated that Amy along with Peggy Ellowitz reached out to him a week ago and he felt they be a good speaker and presentation for this domain to hear from. Amy Temperly stated that A Mighty Good Time was created in 2020 but actually did not launch or start till January 2021. It is “one stop shop” for older persons who are 50+ in age and offer robust collection of online and virtual items from exercise, music, art, book clubs and more. Majority of the things are free (no charge) and can be accessible at hours of the day and from all over the country (USA) and soon to be other

outside areas like Canada, Australia, and United Kingdom. At the moment, besides Louisville, a few other Age Friendly groups are being pursued to be a part of A Mighty Good Time. These include Philadelphia, PA, Ft. Worth Texas, and Austin, Texas. Amy spent about 5 – 7 minutes walking the group through how to use the A Mighty Good Time site and how there is set policy and vetting process so no one would be taken advantaged of especially older persons. To learn more about A Mighty Good Time, contact Amy Temperly at [amy@amightygoodtime.com](mailto:amy@amightygoodtime.com) or 512-592-2805 or else go to their website at [www.AMightyGoodTime.com](http://www.AMightyGoodTime.com)

**Halloween Costume Contest Event:** Rita provided an update on the upcoming “Intergenerational Halloween Costume Contest” planned with the Boys and Girls Club of Kentuckiana. It will take place at the Parkland location on October 28<sup>th</sup> (Thursday) at 6:30 PM. There are expected to be between 60 – 70 kids with 10 of them coming from the Shawnee location site. Rita stated that there would be costume categories for elementary, middle and high school. The prizes would be gift cards donated by AARP and also they would be providing treat bags for each individual too. The event is looking for 5 – 6 judges. Currently Eric Bell who was at the 9-11 Commemorative event is coming to as one of the judges. Rita encouraged others to be judges and that it would like the judges to be intergenerational (various age differences) and them to come in person to the event. However, virtual or zoom option would be possible too. Sameera Jackson also stated a flyer was being sent out to help collect donated or gently used costumes for the kids to help offset costs and allow them to have an easier time to choose something for the event.

**Veterans Day Commemorative Event:** The actual task force is led by both Terri Thomas and Tihisha Rawlins who met recently about plans and things. Tihisha announced that a Veterans Day event is planned for November 11<sup>th</sup> at 6:30 PM at the Boys & Girls Club of Kentuckiana (Parkland location). The Newburg location will be joining the event too and possibly the Shawnee location too. The plans are to have a representative from each four major armed forces (army, navy, airforce, and marines). Currently, Ali Wooley will be the Army representative. She is active with AARP but has been successful business woman too. Other armed force members are being sought out for the panel. Terri Thomas also added that a ROTC group from nearby school would also be participating to show younger age (youth) were involved and engaged too. It was inquired if there were any other Veteran Day events going on. It was wondered if there was a bag stuffing or card making for Veterans. It was uncertain at the time but would be looked into.

**Intergenerational “Pen Pal” Project:** Rita Morrow reported that while things were progressing slowly, they were moving along with the “Pen Pal” project. Much of the energy and emphasis continues to be with Ms. Jeanine Brooks (Family Resource Coordinator) at Fairdale Elementary school and now with Franciscan Health Care Center. The other older housing partner, Yorktown Senior Apartments, had only 3 interested older people and Franciscan has at least 10 so focus is with them now. The goal is to start this in early November. Chris Clements added that with the set up of the Highlands “Halloween” parade, there is talk of a “Pen Pal” project between Nazareth Home and St. Agnes School which are next door to each other. As things continue to come together and if successful, the intergenerational “pen pal” project will be expanded in 2022.

**2021 Parades Update and Review:** Chris Clements shared that there are officially two Fall or Halloween theme parades in late October. The first parade route will be in the “California Neighborhood”. It will start at St. Stephen’s and then go to California Square I & II Apartments and then continue over to Wheatley Elementary, St. William Apartments, and California Park and Community Center. The second parade route is secured for October 29<sup>th</sup> at 9:30 AM and will be the same as last years’ in the Newburg and Highlands area which would include Nazareth Home (Newburg, Highland Court Apartments, Day Spring, Highlands Nursing and Rehab and others. Chris stated that Highland Middle and St. Agnes School had been added to this route for more younger appeal and make it more inter-generational. To learn more about these parades, please contact Chris Clements at (502) 640-7716 or [Christopher.clements@louisvilleky.gov](mailto:Christopher.clements@louisvilleky.gov)

**New Business:** There were couple new business items. The first was by Tihisha Rawlins with AARP. She announced on October 22<sup>nd</sup> at 1 PM there would be Brain Health event and then on October 28<sup>th</sup> a “Fraud Awareness” event. Sameera Jackson shared about “Fall Prevention” event with Elderserve happening and that it would be either in-person or virtual and last about four weeks. With no other new business or announcements, the meeting concluded at 3 PM.

**The next Age Friendly Louisville Social Participation, Inclusion and Respect Domain will be on November 9<sup>th</sup> (Tuesday) from 2 PM to 4 PM. The same ZOOM link will be used and communication phone numbers of 312-626-6799 and 646-876-9923 will be provided.**