



## Rating Recording Sheet

Please select the number from 1 to 5 for each statement in terms of (a) how important you think it is and (b) feasible you think it is given the current resources. Keep in mind that we are looking for *relative* Importance and Feasibility; use **all** the values in the rating scale to make distinctions. Use the following scales:

### Importance Rating

- 1 = Relatively unimportant
- 2 = Somewhat important
- 3 = Moderately important
- 4 = Very important
- 5 = Extremely important

### Feasibility Rating

- 1 = Not at all feasible
- 2 = Not very feasible
- 3 = Moderately feasible
- 4 = Very feasible
- 5 = Extremely feasible

Importance Rating	#	Statement	Feasibility Rating
1 2 3 4 5	1	Develop programs to ensure accessible, quality, and affordable exercise resources and healthy food sources are available in every neighborhood by investing and creating partnerships (such as Parks and Recreation department and Louisville Sustainability Council) to increase community green space – to ensure there are free and easy to access exercise opportunities for all ages across the city.	1 2 3 4 5
1 2 3 4 5	2	Develop social marketing campaign to reduce negative connotation of aging, including something like the NPR “Story Corps” but for Louisville community.	1 2 3 4 5
1 2 3 4 5	3	Contact TARC and see if they would be interested in having trolleys in the busiest areas of the city.	1 2 3 4 5
1 2 3 4 5	4	Develop multi-generational housing programs as a means of increasing social engagement and reducing isolation.	1 2 3 4 5
1 2 3 4 5	5	Contact TARC to see if any changes to their bus schedule are possible, like adding hospitals to their routes.	1 2 3 4 5
1 2 3 4 5	6	Develop a “one-stop-shop” that brings together all events and resources related to aging in the city of Louisville through use of following channels: TV channel, radio station, website, printed newsletter and e-newsletter, social media platforms (Next Door App, Facebook), An App, in-person events.	1 2 3 4 5
1 2 3 4 5	7	Print out/ develop TARC schedule and distribute to senior centers and nursing homes (maybe ask TARC to do more marketing in local papers).	1 2 3 4 5

<b>Importance Rating</b>	<b>#</b>	<b>Statement</b>	<b>Feasibility Rating</b>
1 2 3 4 5	8	Ensure the city's emergency plans specifically address unique issues facing older adults.	1 2 3 4 5
1 2 3 4 5	9	Create programs where college students live in current long term care facilities (economic benefits for students; social benefits for older adults).	1 2 3 4 5
1 2 3 4 5	10	Coordinate volunteer groups to help with maintenance of homes where seniors live.	1 2 3 4 5
1 2 3 4 5	11	Change negative connotation in regards to public transportation.	1 2 3 4 5
1 2 3 4 5	12	Develop method of educating older adults, caregivers, health professionals, and the general community about health and social services resources already existing in Louisville.	1 2 3 4 5
1 2 3 4 5	13	Offer training courses for nurses and other health care providers on community resources and how they can connect older adults to them.	1 2 3 4 5
1 2 3 4 5	14	Develop certification for builders to have the skill to do aging in place modifications.	1 2 3 4 5
1 2 3 4 5	15	Use golf carts for transportation around communities.	1 2 3 4 5
1 2 3 4 5	16	Work with builder supply companies (Lowe's Home Depot) to have a section on home modifications.	1 2 3 4 5
1 2 3 4 5	17	Have more programs like Meals on Wheels.	1 2 3 4 5
1 2 3 4 5	18	Get TARC more funds to allow it to have more stops and reach more of the population	1 2 3 4 5
1 2 3 4 5	19	Establish polices to foster development of a Village movement in the city.	1 2 3 4 5
1 2 3 4 5	20	Get many people involved to call Metro Council about problem areas.	1 2 3 4 5
1 2 3 4 5	21	Develop cheaper condo options for seniors.	1 2 3 4 5
1 2 3 4 5	22	Develop a "health care advocate" volunteer program (to include training for caregivers/family members as well).	1 2 3 4 5
1 2 3 4 5	23	Develop collective support at government level and grass-roots level to support age-friendly healthcare policies.	1 2 3 4 5
1 2 3 4 5	24	Develop one-on-one communication outlets for older adults to reduce isolation and loneliness.	1 2 3 4 5
1 2 3 4 5	25	Create community discussion forums.	1 2 3 4 5
1 2 3 4 5	26	Work with City to require all new buildings to follow universal design principles.	1 2 3 4 5
1 2 3 4 5	27	Create co-housing communities with communal spaces where duties are shared among neighbors.	1 2 3 4 5

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1 2 3 4 5	28	Increase intergenerational offerings of low cost/free opportunities: outdoor movies in the summers, storytelling, low impact fitness activities, music festivals, etc.	1 2 3 4 5
1 2 3 4 5	29	Propose a protection law (similar to the "Good Samaritan Law" in Tennessee) to protect volunteer drivers.	1 2 3 4 5
1 2 3 4 5	30	Develop relationships with high school groups that can help with home maintenance as part of volunteer hours program (Beta club, Girls Scouts, Boys Scouts).	1 2 3 4 5
1 2 3 4 5	31	Have grocery stores within a block of senior living centers.	1 2 3 4 5
1 2 3 4 5	32	Create housing communities for seniors that are close to grocery stores and public transportation with adequate sidewalks and streetlights.	1 2 3 4 5
1 2 3 4 5	33	Create campaign to help educate older adults how technology developments can help reduce social isolation.	1 2 3 4 5
1 2 3 4 5	34	Ask TARC to do more marketing and advertising of routes.	1 2 3 4 5
1 2 3 4 5	35	Develop employee sensitivity training for organizations to help older adults feel welcomed and comfortable in community spaces (help to reduced forced retirement).	1 2 3 4 5
1 2 3 4 5	36	Do research to develop a list of new potential bus routes.	1 2 3 4 5
1 2 3 4 5	37	Create a comprehensive social marketing campaign for healthy living and aging, health risks of isolation for older adults, medication management strategies, tips for making the most of your doctor's visit, and Medicare (and other insurance) navigation, and reducing stigma of dementia and Alzheimer's disease, through variety of information channels, including health fairs.	1 2 3 4 5
1 2 3 4 5	38	Get the Metro United way number (211) out to the public so more people know about it.	1 2 3 4 5
1 2 3 4 5	39	Help TARC set up community trainings and info sessions.	1 2 3 4 5
1 2 3 4 5	40	Continue to improve sidewalks and add accessible curb ramps (bring idea to Mayors roundtable as it has previously been discussed there).	1 2 3 4 5
1 2 3 4 5	41	Discuss <i>Go Go Grandparent</i> with senior living homes.	1 2 3 4 5
1 2 3 4 5	42	Get senior centers and homes in Louisville to designate one vehicle to transport older adults to and from bus stops.	1 2 3 4 5
1 2 3 4 5	43	Give older adults and seniors discounts for public transportation.	1 2 3 4 5
1 2 3 4 5	44	Find a way to reward organizations that offer transportation to those who are frail/vulnerable- take idea to Mayor's roundtable.	1 2 3 4 5

Importance Rating	#	Statement	Feasibility Rating
1 2 3 4 5	45	Find out the major areas where people are wanting to go and can't get to and work out a deal with TARC (also find the major businesses that don't have access to TARC but employ a large amount of people).	1 2 3 4 5
1 2 3 4 5	46	Provide age-friendly sensitivity and communication training for public service employees (including TARC bus drivers).	1 2 3 4 5
1 2 3 4 5	47	Contact Goodwill and talk to them about their program involving impound lots and used vehicles. Help them revise their program and possibly create an elderly driving volunteer program.	1 2 3 4 5
1 2 3 4 5	48	Create community supported mentorship program challenging youth to create ways of increasing intergenerational bonding in Louisville. Connect program to service hours; connect to athletics department at colleges to link physical and social opportunities (via Boys and Girls clubs, Big Brothers Big Sisters, and Junior Achievement).	1 2 3 4 5
1 2 3 4 5	49	Create co-housing options for seniors and young adults living together.	1 2 3 4 5
1 2 3 4 5	50	Create a Village within Louisville – similar to DC where city is divided into quarters and people pay a nominal fee to get the maintenance support they need with approved contractors.	1 2 3 4 5
1 2 3 4 5	51	Host info sessions and tutorials for older adults at senior centers and homes to show them how to use Uber and Lyft and explain the process drivers go through to get certified drivers. Also show them how to <i>split the ride</i> with their friends.	1 2 3 4 5
1 2 3 4 5	52	Contact public school to see if there is a way to utilize school busses when they are not being used.	1 2 3 4 5
1 2 3 4 5	53	Develop a program to increase access to home-base medical services including health and personal care and housekeeping.	1 2 3 4 5
1 2 3 4 5	54	Contact major Louisville companies to see if they have programs to help their staff get to work via public transportation and if not, if they would be interested in starting one.	1 2 3 4 5
1 2 3 4 5	55	Develop a program that ensures the driver's safety.	1 2 3 4 5
1 2 3 4 5	56	Create multi-generational communities where people of different generations can support each other (eg. childcare, shopping).	1 2 3 4 5
1 2 3 4 5	57	Have longer periods of time for people to cross the street, especially in the busier and downtown areas.	1 2 3 4 5
1 2 3 4 5	58	Develop program to assure delivery of health care services is coordinated and simple to navigate.	1 2 3 4 5

<b>Importance Rating</b>	<b>#</b>	<b>Statement</b>	<b>Feasibility Rating</b>
1 2 3 4 5	59	Develop programs to ensure accessible, quality, and affordable exercise resources and healthy food sources are available in every neighborhood by develop incentivization programs for healthy living (and food) choice.	1 2 3 4 5
1 2 3 4 5	60	Start a movement now to save funds and have a plan in place so when self-driving vehicles hit the market, Louisville can afford them and implement them into the city.	1 2 3 4 5
1 2 3 4 5	61	Develop strategy to increase accessibility and ease of navigation to hospitals, clinics, and social services.	1 2 3 4 5
1 2 3 4 5	62	Distribute health care system and health resource information through community organizations, such as churches or community centers.	1 2 3 4 5
1 2 3 4 5	63	Provide trainings for health care organization management on how to cultivate cultures valuing client outcomes rather than just "doing the job."	1 2 3 4 5
1 2 3 4 5	64	Create mixed income areas with options for seniors to live in these areas.	1 2 3 4 5
1 2 3 4 5	65	Develop programs to ensure accessible, quality, and affordable exercise resources and healthy food sources are available in every neighborhood by host healthy eating education programs at senior centers.	1 2 3 4 5
1 2 3 4 5	66	Create easy to read TARC map.	1 2 3 4 5
1 2 3 4 5	67	Identify unused, mixed-used spaces and create an incentive program (some buses, vacant properties) to turn into social engagement venues.	1 2 3 4 5
1 2 3 4 5	68	Organize trainings to improve community cohesion to guard against elder abuse.	1 2 3 4 5
1 2 3 4 5	69	Create community supported all-age events held at central locations, such as senior living communities, libraries, YMCA, parks.	1 2 3 4 5
1 2 3 4 5	70	Develop programs to ensure accessible, quality, and affordable exercise resources and healthy food sources are available in every neighborhood by increase healthy food distribution points across city.	1 2 3 4 5
1 2 3 4 5	71	Propose a light rail system.	1 2 3 4 5
1 2 3 4 5	72	Develop a method of alternative transportation (such as Uber, Lyft or other ride-sharing program) to help people travel to medical appointments with funding from crowd sourcing program (such as community connector back account).	1 2 3 4 5

Importance Rating	#	Statement	Feasibility Rating
1 2 3 4 5	73	Develop programs to ensure accessible, quality, and affordable exercise resources and healthy food sources are available in every neighborhood by provide tax benefits/breaks to healthy food providers.	1 2 3 4 5
1 2 3 4 5	74	As the city moves forward with construction, propose that all sidewalks in the community must lead to a bus stop.	1 2 3 4 5
1 2 3 4 5	75	Have sign-up sheets at churches or in the community bulletins so people can sign up for rides and others can sign up to provide rides.	1 2 3 4 5
1 2 3 4 5	76	Develop older adult employment initiative (training program/certificate program) to increase social engagement and financial stability.	1 2 3 4 5