




**Agenda for Community Supports & Health Services Domain of Age-Friendly  
Louisville**

December 1st, 2020, **3 - 4 pm**

Facilitators: Sarah Teeters, Pam Yankeelov, & Kelly Nason

LOCATION: Zoom

Item		Discussion	Action to accomplish	Person Responsible
1.	<b>Welcome/Introduction</b>			
	<ul style="list-style-type: none"> <li>Update Names &amp; Emails by signing in <b>VIA CHAT</b></li> <li>Introductions</li> </ul>	<ul style="list-style-type: none"> <li>Pam, Kelly, Avery, Mona, Sheila, Sameera, Kim: 7 Participants</li> </ul>		Everyone :)
2.	<b>Housekeeping</b>			
	<ul style="list-style-type: none"> <li>Today's Minute Recorder will be: Avery</li> <li>Meeting photographer will be: Kelly, Pam or Sarah?</li> <li>Minutes can also be found at agefriendlylou.com</li> <li>Future meeting reminders will come from AmeriCorps VISTA member, <b>Avery Crews</b></li> <li><b>Photo and social consent:</b> <a href="https://louisvillekent.az1.qualtrics.com/jfe/form/SV_7QIpNUZQVbrqEiV">https://louisvillekent.az1.qualtrics.com/jfe/form/SV_7QIpNUZQVbrqEiV</a></li> </ul>	<ul style="list-style-type: none"> <li>Photo/social media release</li> </ul> 	Take Minutes Take Pics	Avery Avery

<b>3.</b>	<b>Review Agenda &amp; Goals of Meeting</b>			
	<ul style="list-style-type: none"> <li>- <b>Objectives of this meeting</b> <ul style="list-style-type: none"> <li>i. Overview of October meeting; No meeting in November due to election</li> </ul> </li> <li>- See minutes           <ul style="list-style-type: none"> <li>ii. Quick review of strategic plan               <ul style="list-style-type: none"> <li>1. Clearinghouse, 1st responders and residents to be prepared on job and to care at home, health promotion resources and opioid resources</li> </ul> </li> <li>iii. 1<sup>st</sup> responder and community residents prepare to care overview/update               <ul style="list-style-type: none"> <li>1. Current status</li> <li>2. Edits for this resource</li> <li>3. Informal review by 1st responders including police and fire</li> </ul> </li> <li>iv. AARP's <i>Prepare to Care</i> curriculum promotion (via AFL website, curriculum page?)</li> <li>v. Resources ideas that are brewing...               <ul style="list-style-type: none"> <li>1. Dilemma: Increase access to resources, Challenge: how to</li> </ul> </li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Discussed photo/media release form for the AFL website and social media platforms</li> <li>• Kelly discussed the FR Factsheets: the goal for this month is to gain thorough edits on these resources from members of this workgroup           <ul style="list-style-type: none"> <li>○ Looking at these resources as a possible tech focused resource via the QR code as well as hard copies that can be kept on hand going into the future</li> <li>○ Asking group members to discuss possible edits and to directly send those edits to</li> </ul> </li> </ul>	<p>Avery/ALL</p> <p>Edits done by everyone for the FR Factsheets</p> <p>Kelly: Police Sara: Fire/Police Pam: Fire</p> <p>Group members: reach out to people you know to seek guidance and comments back on these resources</p>	<p>Action Item: March is our launch date goal</p> <p>Maybe focus on Fire and EMS first because they are the most receptive</p> <p>Reach out to contacts within the community about possible trainings and possibility of these trainings being centered at Trager as a hub to offer voluntary</p>

	<p>do it in a way that is aligned with strategic plan, intentional and deliberate (i.e., who gets listed and why and in what order), assuring they are up to date, etc</p> <ol style="list-style-type: none"> <li>2. Create 1 minute videos -demonstrating the use of the various clearinghouses</li> <li>3. Resource Outreach subcommittee idea: 1 person from each domain group to work as a committee to identify the resources that are directly in line with their action plans/strategic plan <ol style="list-style-type: none"> <li>a. Build out of our Community Health Partner Resource Page on AFL.</li> </ol> </li> <li>4. Marketing Outreach subcommittee idea: 1 person from each domain group to work toward getting the AFL logo on our member's sites</li> </ol> <p>vi. Avery will be working on an alternative pain management resource based off a video created by Trager and by these presentations from Trager's Project ECHO on Opioid Risk Management and Integrative Pain Management Strategies</p> <ol style="list-style-type: none"> <li>1. <a href="https://www.youtube.com/watch?v=zXVJk-yPHbw&amp;feature=emb_title">https://www.youtube.com/watch?v=zXVJk-yPHbw&amp;feature=emb_title</a></li> <li>2. Brochure style document to meet the goal set out within our Strategic Plan for CS&amp;HS</li> </ol>	<p>Kelly so that we can finalize these resources next meeting</p> <ul style="list-style-type: none"> <li>○ Due to Kelly by 4 January 2021 via email with a note about what platform comments are on</li> </ul> <ul style="list-style-type: none"> <li>● Looking at future ways that we can look into groups about training on these factsheets for police, fire, ems, etc. <ul style="list-style-type: none"> <li>○ Subcommittee lead trainings on these resources and ways to spread this information and what can be done to get these resources out into the community space</li> </ul> </li> <li>● Work on encouraging community organizations and partner organizations to explore and host a prepare to care AARP community event <ul style="list-style-type: none"> <li>○ Multilingual access and many different topics and needs available within</li> </ul> </li> </ul>	<p>:)</p>	<p>trainings to these organizations for free</p> <p>Resource Avery</p> <p>Pam reach out to other facilitators about the subcommittee</p> <p>Kelly send two reminders about getting edits for the FR Factsheets</p>
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		<p style="text-align: center;">this training platform</p> <ul style="list-style-type: none"> <li>● One Minute video on clearing houses proposed where we demonstrate the way to access and use the clearing houses available to make sure that resource outreach of this workgroup is expansive and encompasses the needs for each workgroup/action plan <ul style="list-style-type: none"> <li>○ Possible option is a subcommittee from each workgroup to determine what specific resources align with the action projects of each workgroup</li> <li>○ 1 person from each group will determine what fits best and then these will be compiled onto the</li> <li>○ Maintain updated resource that is aligned with the objectives that are in place</li> </ul> </li> <li>● Discussing ways to pull in the community resources:</li> </ul>	<p style="text-align: center;">Enhance and have groups determine</p>	
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		<ul style="list-style-type: none"> <li>○ Put the logo on the site and track the clicks in order to have outward proof of traffic (for grant usage) and a possible way to link the logo to the AFL website page so that we pull them into our organization</li> <li>○ The goal is to enhance existing resources instead of redoing them by pushing traffic towards those that specifically impact the AFL Strategic Plan</li> <li>○ Use the subcommittee that truly target and spot light resources that align specifically with each of the workgroups action plans</li> </ul> <ul style="list-style-type: none"> <li>● Another possibility is to look into a committee that focuses on marketing the AFL logo on all websites that we partner with <ul style="list-style-type: none"> <li>○ Subcommittee that connects organizations our</li> </ul> </li> </ul>	<p>clearing houses and resources of use on their specific action plans</p> <p>Discuss with leadership and the other workgroups on who the point person will be and how we can expand the</p>	
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		<p>logo and ensuring spread of our organization with community partners</p> <ul style="list-style-type: none"> <li>• Discussion of the project echo resource compilation on opioid addiction and alternate pain management strategies <ul style="list-style-type: none"> <li>○ Mindfulness, acupuncture, massage, yoga, etc.</li> <li>○ Build a brochure around the video, powerpoints, resources etc. in order to align with the action plan for this workgroup regarding that sector of the strategic plan</li> </ul> </li> </ul>	<p>logos knowledge and the community knowledge of AFL</p> <p>Avery will begin compiling a resource on these videos/presentations to meet the need for this part of the strategic plan</p>	
<b>4.</b>	<b>Any announcement from our members?</b>			
		<ul style="list-style-type: none"> <li>• My Health Matters</li> <li>• AARP: Prepare to Care</li> <li>• Welcare</li> <li>• Medicaid Open Enrollment Meetings and Eligibility: AARP</li> </ul>		
<b>5.</b>	<b>Next Workgroup Meeting location?</b>	<b>Zoom, Jan 5th @ 3pm</b>		

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**Next Community Supports & Health Services (CS&HS) Meeting:** January 5th, 2020, 3 to 4 pm, TBA,  
**NOTE:** CS&HS Meetings are always the 1<sup>st</sup> Tuesday of each month, 3-4 p.m.