Age Friendly Louisville Social Inclusion Workgroup Meeting Agenda
October 13th, 2026 | 2:00 - 3:30 PM | Location: 701 W Ormsby Ave, First Floor Conference Room, Louisville, 40203

Attendees: Justin Magnuson, Diane Clark Curtis, Sandra McGuire, Teran Herthel, Kyra Johnson, Greg Willet, Pam Yankeelov, Sophia Banks.

Facilitators: Diane Clark Curtis, Julie Hartmann*, Justin Magnuson *not present Notetaker: Sophia Banks

Item 1: Meeting Focus and Introduction

Justin started off the meeting with a seasonal ice breaker and sparked heated discussion about candy corn.

The meeting focus was stated next: review planning survey results for the Age-Friendly Comedy/Storytelling event, discuss updates on the First Responder Quick Tips initiative, and review subcommittee progress related to Goals 1, 2, and 3. The available transcript excerpts show that the group did discuss the First Responder Quick Tips initiative, Older Americans Month/library outreach, and the comedy/storytelling event.

Item 2: General Workgroup Updates & New Opportunities

Next the meeting transitioned to updates and an open discussion on emerging opportunities. (See item 4 for more details on events)

KY Senior Games
The group discussed inviting Sharon from the Kentucky Senior Games to a future meeting, possibly in November. Members would like Sharon to share dates, updates on Kentucky's participation, and ways to promote the games earlier. The group also discussed possible intergenerational volunteer roles for youth, such as helping at water stations or handing out towels, while noting potential liability considerations. The group also referenced the film Age of Champions as an example of the Senior Games being inspirational and humorous.
→ Action: Sophia will invite Sharon to attend an upcoming meeting.

Dementia Friends Training
The updated Dementia Friends Training (offered through the Office of Dementia Services) flyer was shared. Trainings are now offered through Microsoft Teams, usually on the last Wednesday of the month. Larger groups may request a training session directly, and participating organizations may receive a dementia-friendly banner.

Volunteer for Blitz 2026 (Flyer was shared)
Project WARM will host winter weatherization volunteer days on November 7 and November 14. Volunteers work in teams of three to six to install weatherizing plastic and materials in homes of older adults and people with disabilities. The event is well

organized. Team registration is due October 18. Justin informed the group that Ruba is planning to lead a team and the group was invited to join. Action: Members may share the opportunity or volunteer.

Walk to End AZ
The Walk to End Alzheimer's was announced as taking place at Churchill Downs on the upcoming Sunday. The event was described as bringing together participants from across the area. Opening activities were noted as beginning at 1:00 PM, a presentation at 2:30 PM, and the walk at 3:00 PM. Members were invited to ask Justin for more information if they wanted to participate.

AARP "Living My Best Life" Event
The group discussed AARP's "Living My Best Life" event, which requires registration and may have space for about 300 people. The event includes lunch and prize incentives, including gift cards and iPads, with Transcend Credit Union serving as a sponsor. Members noted that the prizes may draw a large crowd, though attendees will still receive the event information.

Crip Camp: A Disability Revolution - Disability Film Screening and Discussion
The group discussed a film screening and discussion hosted by the Commission for Persons with Disabilities. The film was described as being about a camp for people with disabilities where participants met others like themselves, became advocates, and helped advance disability rights, including advocacy related to transportation access and the movement toward the ADA. Judy Heumann was mentioned as one of the key figures connected to the disability rights movement.
The screening was scheduled for Saturday from 11:00 AM to 3:00 PM at the Family Health Center on East Broadway, with lunch and discussion included.

Center for Accessible Living Equipment Reuse Day
The Center for Accessible Living is holding an equipment reuse day from 11:00 AM to 2:00 PM to give away donated and cleaned durable medical equipment. Items mentioned included rollators, walkers, wheelchairs, transfer equipment, and shower-related equipment. Members noted the strong community need for these items.

White Cane Day and Vision Awareness
White Cane Day will be observed with an event at St. Mark's Episcopal Church from 11:00 AM to 2:00 PM, with community agencies tabling. The group also discussed an October 19 presentation on vision awareness, including vision changes and available services.
→ Action: A flyer and related information will be shared with the group

DOT Experience / American Printing House for the Blind
The group discussed the DOT Experience, a new museum opening on the property of the American Printing House for the Blind. The museum will highlight technology, tools, and history related to blindness and vision loss. Members also discussed the importance of Louisville's local resources, including the school for the blind and the American Printing House for the Blind.

DICE / Disability Inclusion, Culture, and Education Videos
Greg shared more about DICE, which was described as Disability, Inclusion, Culture, and Education. The project is a recorded Metro TV-style series used to raise awareness about disability-related topics, accessibility, inclusion, and community resources. Greg noted that the recordings are currently placed on MetroTV and YouTube, but the group discussed the need for a more central, easy-to-find repository where people could access all of the DICE videos in one place. Greg said he has been working on the project since around this time last year. He has mostly kept the topics fairly general so far, but is considering making some future episodes more disability-specific, possibly alternating topics so that individual disability-related issues can be highlighted more directly. The videos can be found here on MetroTV:
https://louisvilleky.gov/government/metrotv/watch-metrotvs-archived-programming

Vocational Rehabilitation and Vision-Loss Services
Members discussed services available for people experiencing blindness or vision loss, including vocational rehabilitation, independent-living supports, classes, assistive software, and training for daily activities. The group noted that many people are unaware these services exist, especially when vision loss occurs later in life. The discussion also emphasized the importance of staff training, such as how to approach someone with vision loss, communicate clearly, describe surroundings, and assist safely with doors or movement.

Item 3: Action Plan Initiatives
Access action plan on website: agefriendlylou.com/social-inclusion

Goal 1: Education
First Responder Quick Tips:
Kyra provided an update on the First Responder Quick Tips project, including the recent meeting with the academic director of the LMPD Training Division. She shared that LMPD is willing to be involved in the project, support the effort, help share the materials through appropriate training or internal communication channels, and participate in the related study.
Kyra also noted that additional steps are still needed before the materials can move forward, including finalizing the quick tips, clarifying how LMPD would distribute or use them and the extent they could provide assistance with formatting of the sheets to make them ready to use for their needs.

There was discussion about the amount of structured training police officers receive, including clarification around whether a referenced “40 hours” related to total basic training, additional classroom hours, or specific training topics such as mental health crisis response. The police academy length was also discussed, with 29 weeks mentioned.
→ The follow-up discussion focused on how the quick tips could serve as a practical, easy-to-use resource for first responders when interacting with older adults, people with disabilities, and individuals experiencing behavioral health or crisis situations. The group also discussed an older example of a yellow card or similar tool that could be placed in a vehicle window to provide information in the event of a motor vehicle accident. This was raised in the context of first responder awareness and communication.

Older Americans Month & Libraries
Sandra led the discussion on planning ahead for Older Americans Month next May and working with the library system to identify events that may be happening in May. Sophia and another member will continue working on library outreach, including how to get information onto the Jefferson County Library’s centralized marketing and social media calendar. Members noted that the library has posted about senior-specific programs before, including Memory Café, and that early communication is important because library marketing is centralized. The idea to have Older Adults specific events listed in the library catalogue was brought up, similar to teens, adults, children etc.
The group also discussed concerns about the future of the Administration for Community Living and the potential impact on aging, disability, caregiver support, elder nutrition, falls prevention, chronic disease management, respite care, and other services if federal resources are reduced or reorganized.
→ Action: Continue Older Americans Month/library planning and consider outreach to elected officials or local offices to better understand potential impacts to aging and disability programs, such as Rep. McGarvey’s office.

HUG - Help Us Grow Reading Initiative
Sandra provided an update on HUG, a reading initiative that supports children’s literacy through tutoring and volunteer involvement. Sandra shared experience tutoring a child, highlighting the value of one-on-one reading support and the connections built through the program. Sandra also noted that there is currently no new KY director in place, so the group will continue watching for leadership updates and local opportunities to support or promote the initiative.
Action: Continue tracking HUG updates.

Goal 2: Engagement

Age-Friendly Comedy Event
Justin informed the group about the second planning meeting for the Age-Friendly Comedy Event. The concept has shifted from a comedy event to a humorous storytelling event. The group is considering starting with adults age 65+ for the first event, with the

possibility of expanding to an intergenerational format later. The theme was narrowed in as “Old Enough to Know Better,” with community members age 65+ sharing short, 5–8 minute humorous stories in a Moth-style format. The event may include about 10 storytellers, coaching or story-shaping support, and an older adult emcee. The tentative format is a Friday afternoon event lasting about 90 minutes to 2 hours.

→ Follow-up / Action: Minutes from the second planning meeting for the humorous storytelling event still need to be written and sent out.
→ Follow-up / Action: Continue developing the event structure, including name/theme, storyteller recruitment, coaching process, emcee role, target audience, and whether future versions could be intergenerational.

Several possible locations were discussed:

- Southwest or South Central Library — Mentioned as a possible option, but the group felt it may be too far south, especially for a first-time event, because it is located out on the Outer Loop.
- JCC — The JCC was placed on the short list. Members noted that it has a nice room near the entrance, has hosted community events, has ample parking, and is on bus lines. The group also discussed that the JCC has both smaller meeting space and a larger conference-style room that may be more appropriate for this event.
- Wilderness Senior Center — This location was discussed, but parking was a concern.
- Highland Community Ministries — This was identified as a potential space. The group noted that there may be a rental fee, though a discounted rate might be possible. AARP has offered up to $500, which could help with expenses, but the group was unsure whether they wanted to use funds for a rental fee for a first-time free event.
- PLAY / dance-club venue discussed by the group — A member suggested this venue because it has a stage and has hosted community-style events. The discussion noted parking options nearby, including parking across the street, some parking beside the venue, street parking, and parking near Copper & Kings. Accessibility was also discussed, including a ramp, wide doorways, and the sense that the venue has been welcoming to people using mobility or assistive devices. The group also noted that cost would need to be explored, though weekday space may be less expensive.
- Nazareth Temple / Nazareth-related space — Nazareth was discussed as another possible large-space option. A member noted having hosted an event there before and said it may have good parking and enough space for this type of program. The group also discussed using personal/community connections to ask about availability and details.
- Hotel event or conference rooms — The group also discussed hotel meeting spaces as possible options, including locations such as a Hyatt and the Drury Inn on Brownsboro. These spaces may have ample parking and built-in event support such as tables, chairs, microphones, and food/beverage arrangements, though they would likely involve a rental cost. Sponsorships, including the possible AARP funding, were discussed as one way to offset costs.

Goal 3: Village Movement

Highland Community Ministries Updates
Justin provided a brief update on the Village Movement after the visit to the Lexington village and shared that Sondra was unable to attend the software/support meeting connected to the Village to Village membership. A update from her on the software or support options being explored.

Next Meeting: November 10th, 2026, 2 PM — — — — — **Meetings are always the 2nd Tuesday of every month**
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Item 4: Current Events & Resources

Members were invited to highlight relevant programs, events & tools that may benefit the group's work. Share with agefriendlylouisville@gmail.com

- **Project Warm's Annual BLITZ event** (Nov 7 & 14) - Volunteer team registration till October 18. More into here: https://projectwarm.org/blitz/ or register at https://form.jotform.com/252184217840152
- **Memory Café:** 3rd Monday of each month at 1:00 PM Northeast Regional Library; Maker Space, 15 Bellevoir Circle. **Next cafe on Oct 19**; Supportive space for those with memory loss and care partners. More info HERE.
- AARP's free **"Living My Best Life: Health, Wealth & Self"** conference is held **November 14th** featuring keynote speaker Amy Goyer, free lunch, exhibitor booths, and a chance to win one of four $500 gift cards. Registration required at https://events.aarp.org/louliving26.
- **Cooking Matters Cooking Classes for Adults:** 6-week healthy cooking program starting Tuesday, October 13 (6:00–8:00 PM at 1200 S. 28th St.); Registration required. Find out more HERE.
- **Prepare to Care Workshop Series:** AARP Kentucky and KY Elder Law is offering a free, three-part caregiver series hosted at the Oldham County Public Library (Goshen Branch) covering caregiving steps, elder law, and advance care planning; last session November 12. Register online HERE.
- **Louisville Metro Parks & Recreation:** Programs including Silver Sneakers, pickleball, chair volleyball, and more at Wilderness Road Senior Center. More info HERE.
- **Project ECHO (Care of Older Adults):** Brief virtual trainings and case discussions. Next session, *"Falls Prevention,"* is **October 16 @ 12:00 PM**. More info: https://loom.ly/gjgBLs4
- **2026 Walk to End Alzheimer's Louisville** will be held on **October 18** at Churchill Downs. Participate in the Walk and support your Lou chapter HERE.
- **Caregiver Support Group:** Meets every **3rd Friday @ 2:00 PM ET** (with Alzheimer's Association & Episcopal Church Home). Call 1-800-272-3900 or register online at alz.org/crf.

- **TRIAD Meeting: 2nd Tuesday** (Networking 11:00 AM | Lunch 11:30 AM | Meeting 12:00–1:00 PM) at Our Mother of Sorrows Cafeteria (770 Eastern Parkway). RSVP required—contact Alli.
- **Twilight Wish Foundation:** Grants wishes for seniors. Visit the KY Chapter at twilightwish.org/chapter-locations/louisville-kentucky/ or contact Julie Hartmann at hartmannj055@gmail.com.
- **Free Dementia Guide:** Practical info on brain health, safety, and caregiving from Episcopal Retirement Services. Access the guide at episcopalretirement.com or email Teran Herthel at therthel@erslife.org.
- **PEARLS Program:** Free counseling (teletherapy available) for adults 60+ managing depression or isolation. Call 502-588-3471 or visit tragerinstitute.org/PEARLS.
- **My Health Matters (MHM):** Virtual community health education every **Monday @ 6:30 PM**. Info: https://centers.louisville.edu/aging/optimal-aging-clinic/wellness-and-lifestyle/my-health-matters