

Members present: Julie Hartmann, Stephanie Baker, Rita Morrow, Pam Yankeelov, Paul Troy, Chris Clemens, Sandra McGuire, Suzanne Bittenbender, Dia Erpenbeck, Alex Aponte, Erin Cummane, Sameera Jackson, Erin Gillespie, Deb Tuggle, Sophia Banks

**March 12th, 2024 | Edison Center at Louisville Metro Resilience and Community Services, 1st Floor Conference Room, 701 W Ormsby Ave, Louisville, 40203.
 Notetaker: [Sophia Banks, agefriendlylouisville@gmail.com]**

	Item	Discussion	Action to accomplish/Links for further research	Person Responsible
1.	Welcome & Introduction	Introduction, Update Names & Email with Signup Sheet, Notetaker was assigned		Co-Facilitators
2.	Overview of The Village Movement	<p>Pam gave a quick overview of The Village Model, the Trager’s efforts in this initiative so far and how the membership at Village to Village Network works and answered questions:</p> <p>More than 90% of people want to age in place and not move as they age → Network of practical support services and social connections for older adults to age independently in their homes and communities is needed (Home repairs, education, social connections, transportation, resources) → Aim: Social Inclusion, preventing social isolation, creating a neighborhood like/familiar structure to accomplish that</p> <p><u>The Village Movement</u></p> <ul style="list-style-type: none"> ● was started in Beacon Hill in 2003 in the US. Village Network extends over 300 Villages now, all have different setup. ● Membership fee on sliding scale covers: software and assistance to launch & support ● Minimal number of paid employees, large number of volunteers are needed (Hub and Spoke Model: Hub→ background check of volunteers, website, provide volunteer-services link Spoke→ all social programs available to Village residents), villagers themselves can be volunteers and services are traded → Timebanking <p>Trager Institute Efforts:</p> <ul style="list-style-type: none"> ● started exploring the Village Model in 2020 (interviewed other Villages) ● Covid and unreceived grant brought most to a halt. 	<p>Village to Village Network</p> <p>Dynamic Map of Village Network</p> <p>Example: Chicago has 5 Villages with about 400 volunteers</p>	Pam

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	<p>Survey was conducted to find out if there is interest in</p> <ul style="list-style-type: none"> through Trager Institute, group would have access to manuals, Village to Village Network 		
3.	<p>Review Highlights of Brainstorming Session</p> <p>Julie distributed the list of existing and potential initiatives in Louisville that were collected at the last meeting. The workgroup members were asked to (re)familiarize with initiatives.</p>	<p>List of initiatives can be found in the minute meetings of February.</p>	Julie
4.	<p>Review of 3 goals, one in a one of 3 groups and development of of the objectives in group</p> <p>Individual groups reported out to whole group what was discussed</p> <p><u>Workgroup divided into three smaller groups based on preferences:</u></p> <p>→Using the action plan draft and the detailed action plan template* and to start to develop the actual detailed action plan: → Each group focused on a specific goal from the action plan. → Objectives developed within each goal to determine short-term/long-term nature and identify potential partners. → Discussion centered on effective communication and resource allocation methods.</p> <p><u>To consider:</u> -Should the current goal/project be kept? -What is sustainable? Ideas for a new project? -What resources are available? -How could the projects be promoted? -Who could help with the plan? Partners? Other groups? →Keep it intergenerational! ➤ Each groups started goal-setting process; will be further developed at future meetings.</p> <p>Group 1: Celebration</p> <ul style="list-style-type: none"> Group discussed previous successes of the domain. <u>Conclusion:</u> Even though once a year celebratory events are important and may still be an objective, Covid was the reason why parades were chosen. Are there events that include a large part of society? To combat isolation a regular group meetup to “celebrate life” continuously such as monthly exercise such as pickleball, exercise equipment at Chickasaw Park, Tom Sawyer Park (has shelter, gym and overlook) that could incorporate grandparents and grandchildren in one place seems more sensible. Some Ideas that would include all individuals: Celebrate Spring/Summer/Autumn Regular group can plan celebratory events that were as well Partners to help promote and plan event could be: AFL leading organizations and their outlets → social media pages, newsletters, KIPDA Radio Hour (Thursdays, 12:30 - 1:30 pm), 	<p>Action Plan Draft on AFL Website:</p> <p>Social Inclusion</p> <p>*Detailed Action Plan Template can be found in annex on page 3 of minutes</p> <p>Chickasaw Park → Exercise equipment from AARP, see Video on Spectrum News 1</p> <p>Tom Sawyer Park, also on LouisvilleMetro Parks-site</p> <p>Facebook Group examples brought up by Debbie, e.g. different social groups that meet in Louisville</p> <p>KIPDA Radio Show on WLLV</p> <p>East End Living Magazine</p> <p>OADC Newsletter (LouMetro)</p>	All

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	<p>Libraries, Churches (Community Ministries), Senior Centers, East End Living Magazine "Senior Spotlight",</p> <ul style="list-style-type: none"> ● First steps and low hanging fruit: Creating overview/resource guide for relevant groups in Louisville with focus on intergenerational connections <p>Group 2: Intergenerational Connections → Group narrowed down the intergenerational connections into two categories:</p> <ul style="list-style-type: none"> ● Education: tech, reading, nutrition ● Social Engagement: shopping, story telling <p>Group 3: The Village Movement</p> <p>Similar international program called hOurworld, The Global Village Project → Training? What trainings are already available that could be applied Online trainings for seniors Dia: First aid, suicide prevention program</p> <p>→How to promote: TRIAD, Adult Coalition, Elder Abuse</p> <p>Volunteers:</p> <ul style="list-style-type: none"> ● Youth groups that look for volunteer opportunities ● Volunteers for short term projects ● Americorps 	<p>RSVP Program (LouMetro)</p> <p>UofL Medicine School of Medicine Page</p> <p>hOurworld</p> <p>AARP Article about The Village Movement</p>		
a.	review old action plan; new goals	select a work group; review handouts; have someone take notes; designate a coordinator for the group	start to develop action plan	All
5.	Assignment for workgroup	Explore more of the partnerships and communication channels for the three SI goals. Think of speakers that could be invited intentionally in working on and implementing action plan goals.	Please bring information to next meeting or share with facilitator team	All
6.	Closing Remarks & Next Workgroup Meeting	<p>!! ONLY IN APRIL!! Workgroup meeting for SI at AARP conference room</p> <p>Speaker: Erin Gillespie, will speak 20 - 30 minutes (Topic: Community impact/awareness presentation: 10 Warning Signs, how Alzheimer is affecting our community, risk factors for certain populations, why this</p>	<p>Alzheimer's Association - Greater Kentucky Website</p>	All

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	<p>information is important for all ages and demographics, local support, resources, education, etc.) Have questions prepared.</p> <p>Sandra shared some information and a handout on the Older American Month 2024. Sandra is the creator and sustainer of the Childrens' Reading List that focuses on promoting positive aspects of aging to the younger generations. → Interesting data can be found on the website: Profile of Older Americans 2021</p> <p>2024 Optimal Aging Conference hosted by the Trager Institute from April 20-23. Info's to register for the event on the Trager website under events.</p> <p>The Gold Standard of Optimal Aging Award Ceremony celebrates older adults, aged 85 years and over, who lead engaged and flourishing lives and inspire those around them with their zest for life. Nominate till May 1st.</p>	<p>Older American Month 2024</p> <p>Childrens' Reading List or here: Growing Up and Growing Older: Books for Young Readers</p> <p>Profile of Older Americans 2021</p> <p>Optimal Aging Conference 2024: More info and registration</p> <p>Nominate an individual over 85 here: loom.ly/nxt0DHo</p>	

Next Meeting – April 9th, 2024

Meetings are always the 2nd Tuesday of each month, 2:00 - 3:30 PM

!! ONLY IN APRIL!! Meeting held at AARP Kentucky State Office Conference Room

10401 Linn Station Rd #121, Louisville, KY 40223.

See Annex on next page

Contact Facilitators:

- agefriendlylouisville@gmail.com
- Julie Hartmann: jhartmann@bellarmine.edu
- Diane Curtis: diane@firsthourgrief.org
- Stephanie Baker: sbaker@hhlou.org

ANNEX: Detailed Action Plan Template



Social Inclusion

Vision for SI-Related Projects:

Enter a vision for the domain.



Short-term



Long-term



SI-Related Projects

Primary Secondary

Goal Enter a goal.



1:



OBJECTIVE	ACTION	PARTNERS	DEADLINE	METRICS
1. Write an objective.	 1. Enter a short-term action.	Enter the involved partners.	Date	Enter a metric.
	 2. Enter a long-term action.	Enter the involved partners.	Date	Enter a metric.
	3. Enter an action.	Enter the involved partners.	Date	Enter a metric.

Goal Enter a goal.

X:

OBJECTIVE	ACTION	PARTNERS	DEADLINE	METRICS
1. Write an objective.	 1. Enter a short-term action.	Enter the involved partners.	Date	Enter a metric.
	 2. Enter a long-term action.	Enter the involved partners.	Date	Enter a metric.
	3. Enter an action.	Enter the involved partners.	Date	Enter a metric.