

Minutes
Age Friendly Louisville (AFL) Workgroup – Mobility & Accessibility (M&A)
April 8, 2020

The AFC Workgroup – Mobility & Accessibility met on Wednesday, April 8, 2020, 2:00 PM, via Zoom virtual meeting due to the Stay At Home Emergency Order due to the Covid19 virus epidemic. Information on increased pedestrian deaths, Uber Health, and Jencare follow these minutes. Following is a summary of the formal action taken during the meeting (a more detailed summary follows below):

- **We heard a presentation by JenCare of Louisville who offers free transportation to their medical patients.**
- **We discussed issues with TARC, additions to our resource webpage,**

Facilitator Larry Sloan promptly called the meeting to order at 2:02pm. The following people attended the meeting:

- Larry Sloan, Co-Facilitator
- Holly Bagley, KIPDA
- Kelly Nason, Age Friendly Louisville
- Carolina Rodriguez Curiel, Passport Health Plan, Statewide Community Engagement Representative
- Sara Teeters, Louisville Metro Government Office for Aging and Disabled Citizens
- Jessica Holman, TARC, Director of Customer Experience
- Guest Janice Van Zandt, Dir. of Development, Jencare Medical Services

Minutes of the previous meeting were reviewed.

Jessica Holman updated us on how TARC is improving their website to make it easier for customers and clients to use TARC3 and to buy multiple tickets on one transaction rather than many transactions. Other improvements are on the way. The drivers are back to work.

We discussed how the Regional Mobility Council has not met for some time and that one of our goals is to have a member of AFL M&A wkgrp on the council.

Our guest, Janice Van Dandt, from Jencare, gave us a good presentation about Jencare's history and how they now operate about 65 medical centers across the U.S. Part of their appeal to our group is that they offer free transportation to and from their centers. The local centers, of which there are three, have been using their own vans to transport patients. The company is switching to using Uber Health which simplifies the management of these vans for them considerably. Jencare stresses preventative medical care to help people prevent or mitigate health issues like diabetes, heart conditions and other problems by improving diet, exercising and lifestyle changes. We plan to include Jencare on our Resource Webpage. Jencare serves patients who are over 55 years of age and who are on Medicare and Medicare Advantage plans. If patients cannot afford the copay, Jencare provides financial aid. Each Jencare facility has teams headed by doctors and staffed by nurses, technicians and aids who give the patients very personalized primary and preventative care. Their goal is to keep their patients out of the hospital and living at home. They have instituted strict sanitary procedures to mitigate the spread of the coronavirus. The care is organized by the attending physician to coordinate all their health care needs rather than the typical patchwork of care given by multiple doctors to patients.

Discussion of goals for 2020: Work with TARC on Strategic Plan. Adjournment

TAAC MEETINGS HAVE BEEN CANCELLED TILL FURTHER NOTICE. Next AFL M&A meeting: Wednesday, May 13, 2020, 2:00PM (Zoom)

M&A ACTION PLAN UPDATE

GOAL 1: Work with RMC to ensure that TARC is affordable and maps are accessible and understandable to everyone.

OBJECTIVE	ACTION	PARTNERS	DEADLINE	METRICS/UPDATE
Have workgroup members on RMC, TAAC to advocate for Goal 1.	1. Our members attend RMC to advocate for Goal 1 and participate in TARC's Comprehensive Operational Analysis. <u>NOTE: RMC HAS NOT MET SINCE FALL OF 2019.</u>	Potentially Louisville Office for Aging/Disabled Citizens (OADC), AARP, KIPDA	2019	Sarah Teeters, OADC, is currently a member of our workgroup. David Algood is a member of RMC
	2. Have members on TAAC	OADC, AARP, KIPDA	2019	Larry Sloan is a council member of TAAC
	3. Collaborate on TARC strategic planning (Comprehensive Operational Analysis.	M&A Work Group, Age Friendly Leadership	2020	Target date to begin organizing for this is September 10, 2019

GOAL 2: Improve sidewalks, crosswalks, and signal crossing times/options to ensure everyone can access their communities safely.

OBJECTIVE	ACTION	PARTNERS	DEADLINE	METRICS/UPDATE
Work with the MPO (Metro Planning Org) to ensure that Age Friendly improvement of sidewalks, crosswalks and signal crossing times and options are included in the MTP (Metro Transportation Plan).	1. Have one member of our group attend mobility and access meetings to communicate to the group his/her findings and strategized on implementing our Goals.	M&A Work Group Potentially Louisville Office for Aging/Disabled Citizens (OADC), AARP, KIPDA, Institute for Optimal Aging	2019	Sarah Teeters, OADC, is currently a member of our workgroup.
	2. Advocate for funding for age-friendly activities and projects, to include city funding allocation, grants and donation.	M&A Work Group Age-Friendly Leadership	2021	Metric: Amount of funds allocated to age-related projects/efforts.

Plans for next meeting: Wednesday, May 13, 2020 via Zoom Teleconferencing

From AARP Magazine 2/27/2020

Pedestrian Fatalities on the Rise

45- to 64-year-olds most affected in 2018, report says; 2019 rate may be highest in 30 years.

The consequences of walking while intoxicated can be as fatal as getting behind the wheel if you're not on the sidewalk, and in 2018 more pedestrians ages 45 to 64 died while drunk than any other age group, according to a report released Thursday.

In second place for pedestrian fatalities with a blood alcohol content of 0.08 percent or higher, the legal threshold for drunken driving, was the 55-to-64 age bracket, the Governors Highway Safety Association report showed.

"Whether you are walking, driving, bicycling — whatever you're doing — if you choose to imbibe, drink alcohol, you've got to recognize that it impacts your reaction time, motor skills and a lot of other things," said Pam Shadel Fischer, the association's senior director of external engagement and special projects. Although "you're not behind the wheel, you're impaired, and there's a potential for negative impact."

The total number of drunk pedestrians who died in wrecks was more than double the number of drunk drivers who killed people out for a walk, the study shows.

Using a ride-hailing app, calling a cab or even having a designated walker to help keep an inebriated person off the roadway all can work toward decreasing the number of drunk pedestrian fatalities, Fischer said.

Pedestrian fatalities in general also grow

Walking while drunk isn't the only worry. Across the country, the number of pedestrian fatalities no matter the cause has increased by more than 50 percent in the past 10 years.

Using 2019 preliminary data from the U.S. government's National Highway Traffic Safety Administration, the Governors Highway Safety Association, a nonprofit based in Washington, D.C., estimates nearly 6,600 pedestrians died last year.

That's the highest number of pedestrian deaths in more than 30 years. In 2018, people ages 50 to 64 accounted for more than a quarter of pedestrian deaths, according to the federal government.

Not all states had rising pedestrian fatalities. The report suggests that demographic changes, drug use, economic conditions, fuel prices, population and weather can cause fluctuations.

In 30 states, the number of pedestrian deaths increased. Five states — Arizona, California, Florida, Georgia and Texas — accounted for nearly half of the deaths but have only about a third of the U.S. population.

Take the AARP Smart Driver course online or find a course near you

California, Texas and Florida are the states with the highest numbers of residents 65 and older, according to 2018 Census Bureau estimates.

"I hate to say this, but as we get older and our bodies age, we have frailty issues," Fischer said. "So if we are struck by a vehicle, there's a greater chance that we would be seriously injured or killed."

The estimated number of pedestrian deaths for the first half of 2019 ranged from one in Vermont to 519 in California. New Mexico had the highest rate of deaths per 100,000 residents.

Another factor that has contributed to the rise in pedestrian deaths: a trend to larger vehicles. Smartphones' increase in popularity in the past decade also contributed to cognitive and visual distractions for everyone on the road, according to the report.

Walking at night hinders visibility

Night is far more dangerous for walkers than daylight. Substantially more than half of the deaths occur at night, when a driver's ability to see someone walking is the worst; the share of nighttime deaths has been steadily increasing for the past decade.

"Make yourself as visible as possible," Fischer said. "I wouldn't go out in my car without turning my headlights on in the dark. So, I wouldn't do anything different as a walker."

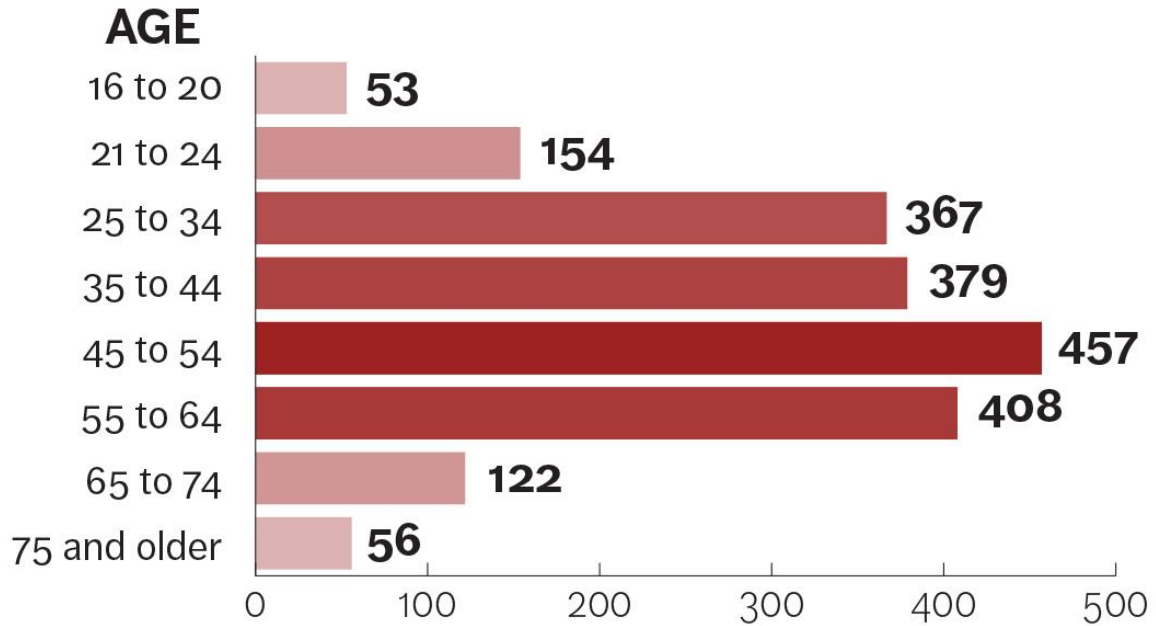
Of all the dangers on the road for pedestrians, Fischer said she thinks speeding poses the biggest threat, since the chances of surviving a hit from a fast car are low.

The association points to education, enforcement and engineering as ways to lower fatalities.

"When we've got those things happening in states, and we continue to work at them, it can make a huge difference," Fischer said.

Ages 45 to 64 suffer most

In 2018, the number of drunk pedestrian deaths were highest for the 45-54 age group. A look at all age groups where the victim had a blood alcohol content of 0.08% or greater:



Source: Governors Highway Safety Association analysis of Fatality Analysis Reporting System data

Uber Health

Uber Health is a HIPAA-compliant technology solution for healthcare organizations that leverages the ride hailing power of the Uber platform. The web-based dashboard allows hospitals and other healthcare professionals to request, manage, and pay for rides for others, at scale.

Healthcare organizations are using Uber Health to help get people to and from the care they need, and to get staff to and from work.

Uber Health is currently available in the United States everywhere that Uber is available. With an Uber Health account, you can request or schedule a ride 24 hours a day, 7 days a week.

Uber Health is built with care, for care.

We value our healthcare partners and their patients and are using technology to remove transportation barriers in the healthcare industry. We're working with our partners to build a product that meets their needs and the needs of their patients. You may also want to use Uber Health to arrange rides for your staff, on a one-off or on-going basis.

Uber Health is committed to moving care forward.

We're here to help healthcare organizations help patients, today and tomorrow. Our mission is to use technology to break down transportation barriers between care and the patients that need it.

Reliable technology with an established network.

Using Uber Health, healthcare partners can arrange, schedule, and track rides at the touch of a button. Unlike traditional patient transportation options, Uber Health leverages the on-demand reliability and efficiency of the Uber network and puts it to work for you.

Through an online dashboard, healthcare organizations can schedule rides to and from care for patients, guests, employees, and other individuals. It utilizes Uber's existing online network—and the independent drivers who use it—for access to reliable, cost-effective transportation options at scale.

Uber Health provides access to Uber's reliable and scalable transportation platform. Right now, you can use the Uber Health dashboard to:

- Request multiple rides at once: Use Uber Health to request multiple rides for patients, caregivers, or staff from one account.

- Schedule rides for now or later: Easily schedule rides immediately, hours or days in advance, making appointments and scheduling a breeze.
- Manage rides easily: The live dashboard allows users to manage all requested rides in one easy-to-use dashboard, in real-time.
- View ride history and manage billing: Uber Health makes it easy to pull reports of requested rides and view monthly billing statements, appointments and scheduling reports.

There is no additional service fee for using Uber Health – the cost of scheduling a ride through the dashboard is based on standard Uber rates at the time of the booking and is billed directly to the healthcare organization monthly.

To request a ride with Uber Health:

1. Log into your dashboard at health.uber.com.
2. Open the "New Ride" tab
3. Enter your rider's name, phone number, pickup and dropoff locations, and desired vehicle type.
4. If a rider has a mobile phone, they will receive an SMS with their driver's details. If they have a landline, the driver may call the rider when they arrive at the pickup location.

Uber Health allows you to request a ride for anyone. Riders don't need to be tech savvy - they don't need to be existing Uber users or even have a phone. Uber Health leverages Uber's existing online network, as well as the independent drivers who use it to locate riders, to arrange rides that move people from point A to point B as quickly as possible.

When a ride is booked in advance, the passenger will receive a text with the scheduling information at the time of the booking. When a car is on the way to the pick up location, the passenger will receive another text notifying them that their ride is on the way. If the passenger doesn't have a mobile phone, that's okay—the caregiver or organization can coordinate on their behalf.

Copied from Uber Health's website.

JENCARE'S STORY

Dr. Jenling James Chen had been a doctor for many years when he founded JenCare Senior Medical Center. Inspired by his own experience with a life-threatening illness, he developed a whole new way of delivering medical services that would provide a superior level of care and make a positive and measurable impact on patients' lives.

In 2004, Dr. Chen was diagnosed with cancer and given only two months to live. He and his family experienced firsthand what it was like to be on the receiving end of patient care, struggling for access to quality medical care while fighting for his life.

Dr. Chen recovered, defying his original diagnosis. And he knew he had to do something to help others in their time of need to overcome the frustrations he experienced with the existing fragmented and unsympathetic healthcare system.

That's why he founded JenCare – to turn the healthcare system around and make it more focused, convenient and effective for the people who need it most – seniors. He established medical centers that are led by compassionate, expert doctors who coordinate all aspects of their patients' care and hold themselves accountable for their results. By offering quality, empathetic, well-coordinated care, Dr. Chen saw big changes in his patients' health outcomes.