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| Macintosh HD:Users:jordanjohnson:Dropbox (OptimalAging):Age friendly cities:Focus groups:Media Package:AFL_logo_4c_h.png | **Agenda for Community Supports & Health Services Domain of Age-Friendly Louisville****March 3, 2020, 2 to 4 pm****Facilitators: Coby Watier, Sarah Teeters, & Pam Yankeelov****LOCATION:**  KIPDA @ 11520 Commonwealth Dr, Louisville, KY 40299 |
|  | **Item** | **Discussion** | **Action to accomplish** | **Person Responsible**  |
|  | **Welcome/Introduction** |  |  |  |
|  | * 1. Update Names & Emails by signing in
	2. Acknowledge Returning Members

 & New Members |  | # Present: 13 |  |
| 1. H
 | **Housekeeping** |  |  |  |
| = | 1. Today’s Minute Recorder will be: \_\_\_\_\_\_
2. Meeting photographer will be: \_\_\_\_\_
3. Minutes can also be found at agefriendlylou.com
4. Future meeting reminders will come from Kelly
5. Gentle reminder about our green policy
 |  |  | 1. Kelly
2. Kelly
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|  | **Review Agenda & Goals of Meeting** |  |  |  |
|  | 1. Objectives of this meeting
	1. Review progress our strategic plan
	2. Discuss next steps using handout to guide discussion
	3. Bari Lewis, Alzheimer’s Association
 | 1. Reviewed the strategic plan2. AARP is going to print 1000 more of the CSHS resource created last year. * Considering making a resource for free older adult exercise programs.
* Kelly Reviewed FR Curriculum process and the preparation for beginning to develop curriculum and form a focus group of FR for training and feedback analysis.

3. Alzheimer’s Association Presentation: Prepare to Care: AARP PartnershipAA Trained AARP phone staff to sense stress and need of caregivers & memory/cognitive issues with those with Alz/Dementia. ‘Care Like’ On AA & AARP Site. AA training volunteers to lead programs that support those who need help with Alz/Dementia. AA will come to organizations and provide training. The most common need from AA is help with deescalation of those with Alz/Dementia.Incorporating healthy living classes a wwwwwwwwwwwwwnd keeping yourself healthy as you age. The 10 Signs Program is popular, communication and behaviors programs, & financial class. AARP has more of the legal pieces covered, for those who are preparing to care or care for an older adult with Alz/Dem. AA is focusing on also working with healthcare providers & how to talk to those who are aging. All training is free. For resources alz.org.  |  |  |
|  | **Any announcement from our members?** |  |  |  |
| **5.** | **Next Workgroup Meeting location?** |  | Jewish Family & Career Services |  |

**Next Community Supports & Health Services (CS&HS) Meeting:** April 7th, 2020, 2 to 4 pm, TBA,

***NOTE:*** CS&HS Meetings are always the 1st Tuesday of each month, 2-4 p.m.