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| Macintosh HD:Users:jordanjohnson:Dropbox (OptimalAging):Age friendly cities:Focus groups:Media Package:AFL_logo_4c_h.png | | | **Agenda for Community Supports & Health Services Domain of Age-Friendly Louisville**  **March 3, 2020, 2 to 4 pm**  **Facilitators: Coby Watier, Sarah Teeters, & Pam Yankeelov**  **LOCATION:**  KIPDA @ 11520 Commonwealth Dr, Louisville, KY 40299 | | | |
|  | **Item** | | | **Discussion** | **Action to accomplish** | **Person Responsible** |
|  | | **Welcome/Introduction** | |  |  |  |
|  | | * 1. Update Names & Emails by signing in   2. Acknowledge Returning Members   & New Members | |  | # Present: 13 |  |
| 1. H | | **Housekeeping** | |  |  |  |
| = | | 1. Today’s Minute Recorder will be: \_\_\_\_\_\_ 2. Meeting photographer will be: \_\_\_\_\_ 3. Minutes can also be found at agefriendlylou.com 4. Future meeting reminders will come from Kelly 5. Gentle reminder about our green policy | |  |  | 1. Kelly 2. Kelly |
|  | | **Review Agenda & Goals of Meeting** | |  |  |  |
|  | | 1. Objectives of this meeting    1. Review progress our strategic plan    2. Discuss next steps using handout to guide discussion    3. Bari Lewis, Alzheimer’s Association | | 1. Reviewed the strategic plan  2. AARP is going to print 1000 more of the CSHS resource created last year.   * Considering making a resource for free older adult exercise programs. * Kelly Reviewed FR Curriculum process and the preparation for beginning to develop curriculum and form a focus group of FR for training and feedback analysis.   3. Alzheimer’s Association Presentation: Prepare to Care: AARP Partnership  AA Trained AARP phone staff to sense stress and need of caregivers & memory/cognitive issues with those with Alz/Dementia.  ‘Care Like’ On AA & AARP Site. AA training volunteers to lead programs that support those who need help with Alz/Dementia. AA will come to organizations and provide training.  The most common need from AA is help with deescalation of those with Alz/Dementia.  Incorporating healthy living classes a wwwwwwwwwwwwwnd keeping yourself healthy as you age. The 10 Signs Program is popular, communication and behaviors programs, & financial class.  AARP has more of the legal pieces covered, for those who are preparing to care or care for an older adult with Alz/Dem. AA is focusing on also working with healthcare providers & how to talk to those who are aging. All training is free.  For resources alz.org. |  |  |
|  | | **Any announcement from our members?** | |  |  |  |
| **5.** | | **Next Workgroup Meeting location?** | |  | Jewish Family & Career Services |  |

**Next Community Supports & Health Services (CS&HS) Meeting:** April 7th, 2020, 2 to 4 pm, TBA,

***NOTE:*** CS&HS Meetings are always the 1st Tuesday of each month, 2-4 p.m.